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RAFE ARNOTT/METRO VANCOUVER

Loverboy, the iconic '80s rockers, will be honoured at the 2009 Juno awards in Vancouver with an induction to the Canadian Music Hall of Fame. The group, from left, Mike Reno, Matt Frenette, Doug Johnson and Paul Dean at The Commodore Ballroom yesterday.

Junos countdown begins

KRISTEN THOMPSON
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Sarah McLachlan already has eight Junos and one Grammy Award, and now the Vancouver singer will have to find room on her mantle for her newest piece of hardware.

Yesterday, the Canadian Academy of Recording Arts And Sciences (CARAS) announced McLachlan as the winner of the 2009 Allan Waters Humanitarian Award, which she'll receive at the Juno Awards in Vancouver in March.

CARAS also announced '80s rock band Loverboy as the newest inductees into the Canadian Music Hall Of Fame.

The band acknowledged the honour at the Commodore Ballroom on Granville Street, where details about the 38th annual Juno Awards were announced.

"It's a great honour," said Doug Johnson, keyboardist for the band. "This is a great country with great music."

Tickets to the March 29 Juno Awards at GM Place go on sale Feb. 7, and run from $49 to $199.

The ceremony is the culmination of a weekend of Juno-related events, which starts with Juno Cup, a hockey fundraiser on March 27.

JunoFest is a two-night street music festival that showcases more than 100 local and national musicians, and Juno Award nominees will share their songwriting stories at the Songwriter's Circle on March 29.

Early bird packages to attend weekend events go on sale Jan. 31, 2009.

For more information visit *junoawards.ca*.

Vancouver's own

- Homegrown standup comic Russell Peters will host the Juno Awards for the second year in a row. Last year's Juno Awards in Calgary, which Peters hosted, was the second most watched Junos in its 37-year history.

GETTY IMAGES

- The Sarah McLachlan Foundation, which was founded in 1999, helps bring music to the lives of young Canadians, especially in underserved communities.
- In 2003, the Sarah McLachlan Music Outreach — Arts Umbrella Project was established in Vancouver's inner city, offering free music lessons to students.

U.K. man guilty of child luring

DEPORTATION A 22-year-old British man who flew to Vancouver to have sex with a 13-year-old has been sent back to England after pleading guilty to a charge of child luring, RCMP announced yesterday.

Rachata Burasite was sentenced to six months in jail on Nov. 17. Because he spent more than two months in police custody before pleading guilty, his sentence was considered time served.

Burasite was stopped at Vancouver International Airport in July by a customs agent. While searching his cellphone police found images of a child being sexually abused and arrested him.

"The customs agent did a great job while talking to him and found information that led us to believe that this individual was here to have sex with a 13-year-old," said RCMP Const. Rosiane Racine.

Burasite was deported on Wednesday. MARIA COOTAUCO /FOR METRO VANCOUVER

No extra air fare for obese: Court

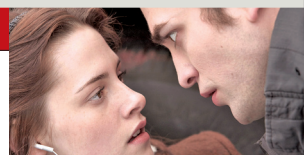
COURT Obese people have the right to two seats for the price of one on flights within Canada, the Supreme Court of Canada ruled yesterday.

The high court declined to hear an appeal by Air Canada, Air Canada Jazz and WestJet of a decision by the Canadian Transportation Agency that people who are "functionally disabled by obesity" deserve to have two seats for one fare.

The airlines had lost an appeal at the Federal Court of Appeal in May and had sought to launch a fresh appeal at the Supreme Court. The court's decision not to hear a new appeal means the one-person-one-fare policy stands. REUTERS

Celebrity Buzz pg 26
Paris, Benji call it quits

Movies pg 12
Fans can bite into Twilight



Sports pg 9
Canucks tame the Wild

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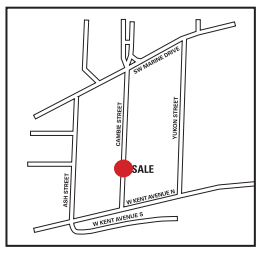

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Fisher harvesters lose licences over illegal catch
Three fish harvesters from the Vancouver area were fined $1,300 and had their fishing licences suspended for one year for the illegal possession of 13 copper rockfish and one lingcod. METRO VANCOUVER

Local

Reyes bows out of dance show

Surrey's own So You Think You Can Dance finalist, Arassay Reyes, left, was voted off the reality dance show last night. Reyes, 21, and her partner Vincent Noiseux, 22, had made it to the top eight. METRO VANCOUVER

Campaigning to end homophobia

Author talks about the global fight for equality

KRISTEN THOMPSON
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Louis-Georges Tin described the day of the United States election as one of the happiest and unhappiest days of his life — as both a step forward and step backward for equality.

The 34-year-old French academic is speaking at Simon Fraser University today about his global campaign to end homophobia.

He said that when Barack Obama was elected president it signalled a major step forward in the fight for racial equality.

But that milestone was offset by the vote in California to ban gay marriage, taking away equal rights for the gay and lesbian community, he said.

"The problem in California is not only California's problem, it's a problem for all countries," he said.

SAMMI TEED PHOTO
Tin

Tin, who also spoke yesterday at the University of B.C., is the author of The Dictionary Of Homophobia and founder of the International Day Against Homophobia (IDAHO), launched in 2005.

"It's obvious that Canada is one of the leaders in the world for gay rights," he said. "However, keep in mind that gay bashing remains a reality, including here in Vancouver."

Tin is taking his campaign for the universal decriminalization of homosexuality to the United Nations in December.

"We need to be aware of the situation around the world. Not just in countries where (homosexuality) is condemned, but in our (liberal) countries."

Dictionary

- The Dictionary Of Homophobia has more than 150 entries that deal with homophobia in relation to, among other things, theology, biology, geography and institutions like family and police.

RAFE ARNOTT/METRO VANCOUVER
Dave Diewert, with Streams of Justice, protests the 2010 Games outside the Pan Pacific Hotel in Vancouver yesterday.

Rally eyes international journalists

GAMES On the last day of an international media briefing on the 2010 Olympics, Dave Diewert was hoping some journalists would see beyond the scenic skyline and construction sites.

"Two hundred journalists from around the world arrived for a few days of sightseeing and looking at the Olympic venues … it's to them we wanted to raise awareness," said Diewert, a member of the group Streams of Justice.

About 12 people protested yesterday at Canada Place and later on Main Street to rally against the negative impact of the Games on the poor and vulnerable. MARIA COOTAUCO/ FOR METRO VANCOUVER

Plane crash survivor in Edmonton

RECOVERY The only surviving passenger of a Pacific Coastal Airlines floatplane crash that killed seven was released from Vancouver General Hospital and is recovering closer to home at the University of Alberta hospital in Edmonton.

On Sunday, Tom Wilson, a 36-year-old Fort Saskatchewan resident, crawled from the burning wreckage of the Grumman Goose plane that crashed on South Thormanby Island about 20 minutes after leaving Vancouver International Airport on its way to Toba Inlet near Sechelt.

Despite his burns, Wilson hiked for more than two hours to a beach where he was rescued.

Transportation Safety Board investigators yesterday tried to establish if the plane was flying below the minimum altitude when it went down. MARIA COOTAUCO/ FOR METRO VANCOUVER

Torch-relay route to be outlined today

VANCOUVER 2010 **Games**

OLYMPICS Canadians hoping to catch a glimpse of the 2010 Olympic Torch on its journey to Vancouver will find out today if it'll be making an appearance in their community.

The Vancouver Organizing Committee (VANOC) is releasing details of the Torch-relay route today, as well as information on how people can apply to be torchbearers. As many as 1,200 people will carry the torch on its 35,000-kilometre, 100-day journey across Canada. It's expected to reach more than 1,000 communities in the longest relay in Olympic history.

In May, VANOC sent letters to 200 communities letting them know the torch would be coming their way, but asked that they keep the information privileged.

There will be no international leg, a decision VANOC said had nothing to do with the protests that disrupted the Beijing relay. KRISTEN THOMPSON/METRO VANCOUVER

Timeline

- The Olympic Torch relay will start in November 2009 and culminate at B.C. Place on Feb. 12, 2010.

News in brief

STRUCK An elderly man was killed after being struck by a garbage truck near his home in Kitsilano, news1130.com reports. The incident happened just after noon near Bayswater.

SCAM A woman who answered a Craigslist ad for a Whistler apartment made two payments by wire service to Nigeria before realizing it was a fraud, said RCMP. METRO NEWS SERVICES

metronews.ca
WHAT'S ONLINE TODAY

Movies showtimes, trailers reviews and purchase tickets at **metronews.ca/movies**

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UBC study says women execs get more for a buck

When women executives are at the helm of a company's merger or acquisition, they get a better purchase price than their male counterparts, according to a University of British Columbia study released yesterday. The research suggests risk aversion among women managers means they require higher expected returns. **METRO VANCOUVER**

9-1-1 TIP OF THE DAY

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Transit cops keep it safe

MARIA COOTAUCO
for Metro Vancouver

It takes a squadron of 150 officers staffing round-the-clock shifts to keep Vancouver's transit system safe, and last week was no different when transit police dealt with 305 incidents and made 88 arrests over a seven-day period.

"That's about average," said Const. Tom Seaman of the statistic taken between Nov. 10 and 17. "There are thousands and thousands of people using the system.

"Our job is to make sure their day isn't ruined by some incident."

Yesterday, Seaman released data on incidents transit police routinely face as a way to justify the force's existence.

By 2009, Seaman anticipates the hiring of 24 more transit police to join the newly minted police officers, retired RCMP officers and Vancouver city police that make up the force.

The Transit Police Service released the data yesterday to validate its need in the community to detractors who have questioned its purpose.

Cross-section of an average week

- A known sex offender was detained at Commercial Station after riders complained about his suspicious behaviour.
- Police found a .22 calibre handgun on a 32-year-old man detained on a drug offence at Surrey Central Station.
- A victim who was bear-sprayed during an attempted robbery was assisted at Gateway Station.
- After searching and arresting a man who tried to break into a pay phone at Broadway Station, police found nunchaku sticks.

Students want 'fair price'

MONICA MARTINEZ
for Metro Vancouver

Some student unions have renewed their fight for a "fairly priced U-Pass" after hearing TransLink executives received large salary increases.

Emily Carr student union leader Lori MacDonald said students at the University of British Columbia and Simon Fraser University pay $24 per month for a three-zone pass while students at other post-secondary institutions pay $73 per month.

TransLink spokesperson Ken Hardie said students at other schools turned down a $40-per-month pass — a cost that reflects the number of students riding transit.

"Yes, $40 is lower than what we pay now, but it is unfair that other students are paying half of that," MacDonald said.

She added she wants the B.C. NDP to raise the issue in the legislature next week.

Hardie said it is not a government issue and that another solution is for all student union societies to agree on blended rate.

"Yes, $40 is lower ... but it is unfair that other students are paying half of that."
Lori MacDonald

No deficit, says finance minister

LEGISLATURE Despite an economic downturn and plummeting government revenue, B.C. Finance Minister Colin Hansen insisted the government would not run a deficit when the legislature resumed for five days yesterday.

Premier Gordon Campbell recalled the legislative assembly to debate the Liberal government's $485-million economic relief plan.

Hansen is expected to disclose full economic figures Monday. **METRO VANCOUVER**

Group pitches use for Pickton's farm

PORT COQUITLAM Representatives from Vancouver's ethnic and faith communities are set to gather at the Pickton Farm in Port Coquitlam tomorrow to urge government to designate the property for public use instead of profit. The representatives propose turning the land into a not-for-profit cemetery and commemorative garden for the 69 murdered and missing women.

METRO VANCOUVER

News in brief

ARSON A woman who may be residing or visiting Nelson is wanted by the FBI for her role in a torching of a ski resort in Vail, Colo., that caused $26-million US worth of damage. Rebecca Rudin is a Canadian citizen and was indicted in 2006 for the Vail arson and other domestic terrorism crimes.

ALTERCATION A 19-year-old Langley woman received 10 stitches to her head after being struck with a bottle during a fight Saturday night at the Citrus Club. Police arrested a 22-year-old woman and 24-year-old man for causing a disturbance, but later released the pair. Investigators are now looking for witnesses to the fight.

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Conrad Black appeals to Bush for help

Deposed media baron Conrad Black is hoping George W. Bush will grant him clemency during the U.S. president's final weeks in office. The Department of Justice in Washington has confirmed that Montreal-born Black requested that his 6½-year sentence be commuted. **CBC NEWS ONLINE**

Canada/World

Tories project deficit

The Canadian government will run a budget deficit for the first time in over a decade as the economy slides into a mild recession, the new parliamentary budget officer predicted yesterday.

"It's a made-in-Canada Stephen Harper deficit."
John McCallum

The gloomy outlook provided by Kevin Page, the budget officer, provided ammunition for the Liberals, who accused Prime Minister Stephen Harper of irresponsible spending and poor economic stewardship.

"The most interesting point was the statement in black and white that this deficit is not because of a global economic situation, but its entirely because of actions taken by the Harper government," said Liberal legislator John McCallum.

"It's a made-in-Canada Stephen Harper deficit," he said.

Based on the average forecast of private-sector economists, the report forecasts a deficit of $3.9 billion in the 2009-10 fiscal year starting April 1, a deficit of $1.4 billion in 2010-11, followed by small surpluses in the next two years.

Page is predicting deficits of between $12 billion and $14 billion in each of the next four years. The newly re-elected Conservatives insisted throughout this year's campaign that they would continue to balance the books

Ottawa is seen running a surplus of $4 billion in the current fiscal year, down sharply from the $9.6 billion recorded in 2007-08.

REUTERS

Rome **Fighting domestic violence**

REMO CASILLI/REUTERS

A group of women wearing wedding dresses splattered with red dye pose while publicizing a demonstration to be held this weekend against domestic violence in Rome yesterday.

Municipalities pressure PM on infrastructure spending

FUNDING Prime Minister Stephen Harper is keen to see "short-term" results as the federal government prepares to ramp up infrastructure spending across the country.

Stephen Harper

Officials with the Federation of Canadian Municipalities say that's the message Harper delivered during an hour-long meeting yesterday afternoon.

As economic woes worsen, the federal Conservatives have made infrastructure spending a priority and say they want to move quickly to get projects going across the country.

The officials made the case that a $3 billion investment by Ottawa would put almost 100,000 people to work at a critical time when the downturn is threatening jobs. **TORSTAR NEWS SERVICE**

Language laws pushed in Quebec

ELECTION Separatist Parti Québécois leader Pauline Marois wants to introduce a newer, stronger version of Quebec's controversial language law, Bill 101.

Yesterday, in an attempt to rally the party's sovereignist base — some of whom are frustrated that the leader has put sovereignty on the backburner — Marois proposed that Quebec adopt a new Bill 101, put in place by her party in 1977.

The new law would require smaller businesses with up to 50 employees be able to operate in French.

TORSTAR NEWS SERVICE

Quebec

- The Liberals hold a significant lead over the Parti Quebecois in the runup to their Dec. 8 provincial election.

Auto vote postponed

Wall Street was hostage to the rapidly changing news of a possible rescue for the U.S. auto industry, with the stock market rising on news of a tentative bipartisan deal in Congress for a $25-billion US package for Detroit and then falling to new lows when the deal ran into trouble.

Automakers held out hope. After the end of the trading day, the White House announced it could back a compromise plan pushed by Michigan senators to help by using $25 billion in Energy Department loans for greener cars, and urged Congress to act quickly. U.S. automakers said they will meet Democratic demands to offer a plan to return to profitability, and lawmakers said it could be considered the week of Dec. 8.

In more bad news for the battered U.S. economy, the number of U.S. workers on jobless rolls surged to the highest in a quarter century, prompting Congress to extend benefits for the long-term unemployed.

All three major U.S. stock indexes made broad swings, ending sharply lower due to deepening economic fears and investors' flight from risk.

REUTERS

Crude plunges

- In what would normally be a good sign for consumers but now signals weaker global growth, U.S. crude futures plunged 9.5 per cent, falling as low as $48.50 a barrel.

Pledge caps climate summit

ENVIRONMENT Impatient with the pace of national governments in fighting global climate change, 13 U.S. state governors joined counterparts from six other countries Wednesday to pledge co-operation to curtail Earth-warming greenhouse gas emissions.

The declaration, issued by California Gov. Arnold Schwarzenegger, capped a two-day climate change summit he hosted that was attended by more than 800 environmental officials and politicians. **REUTERS**

News in brief

KILLING Canada will keep pressing Saudi Arabia not to execute Canadian Mohamed Kohail, 23, who has been sentenced to death by beheading for a killing, the foreign ministry said yesterday. Kohail was convicted in March.

TWINS DEATH Halifax officials have said they are investigating what happened to conjoined baby girls who died while aboard a flight travelling to New York, where they were seeking medical treatment. **REUTERS**

News in brief

THAILAND The leader of the long-running anti-government People's Alliance for Democracy in Thailand called for a major rally on Sunday to oust the "murderous" administration after one of its supporters was killed in a grenade attack yesterday. **REUTERS**

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Comment & Views

Comment

The have-not's lament

OmniVision

Rick McGinnis
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Ontarians have had enough to distract them over the last few months, to be sure — there have been two election campaigns, an economic meltdown and two seasons of So You Think You Can Dance, after all. You can't escape history, though, and with the early snowfall comes the reminder that we're in for a long winter, and our first since Michael Jackson's Thriller was released that we're going to be a welfare province.

The rest of the country was looking up the word "Schadenfreude" earlier this year, when it was announced that the province they loved to hate had slipped into the economic classification known as a "have-not" member of Confederation, and that Upper Canada would be due for transfer payments as part of some inscrutable federal formula. The news kept Rick Mercer going on overdrive for weeks.

This week, former premier Mike Harris wrote an editorial in the National Post mourning that "Ontario isn't just on the edge of a fiscal and economic crisis — we've toppled over a cliff, and no one really knows how far down we might fall." On the same day, the province's Tory opposition released MPP Ted Chudleigh's poem about the province's fiscal situation in an e-mail.

"Ontario, the land of my birth," Chudleigh writes, "For decades, the centre of fortune and mirth/Where hard work and sacrifice defined our self-worth/Where none could imagine dependence and dearth." Doggerel, to be sure, and hardly likely to elicit sympathy from the rest of the country, but it suggests a creative solution to the crisis that hasn't been explored.

There are ... so many more ways we could ... "spread the wealth" without inspiring resentment from Peggy's Cove to Granby Bay.

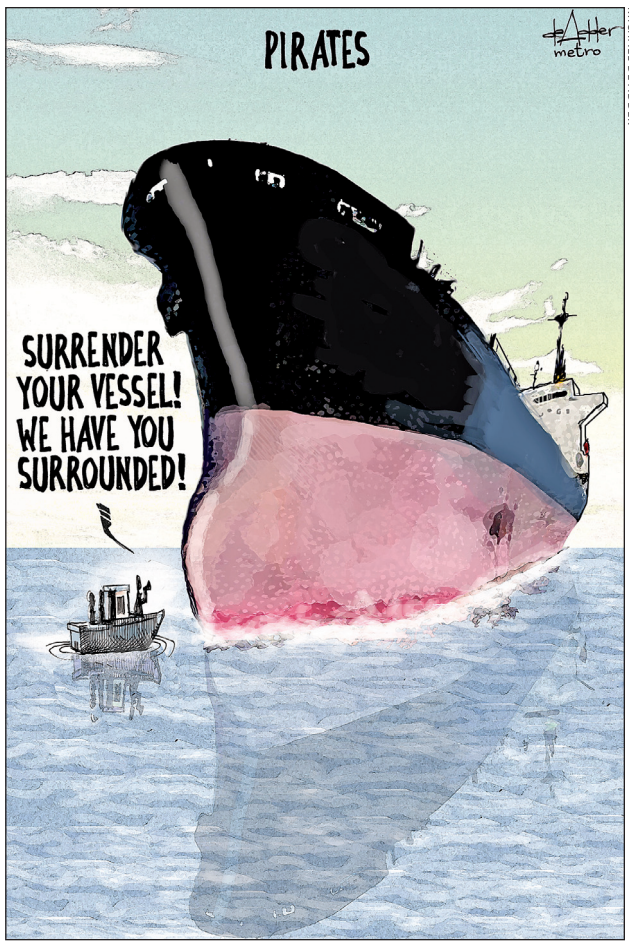
While the province counts down till the start of the next fiscal year and the $347 million due from Ottawa, we're also bracing ourselves for the inevitable jeers and scorn from the rest of the country. It doesn't have to be this way; there are, after all, so many more ways we could, in Barack Obama's phrase, "spread the wealth" without inspiring resentment from Peggy's Cove to Granby Bay.

Surely the Atlantic provinces could spare us a few decent poets to relieve us from versifying such as Chudleigh's, and can't creative surpluses in the rest of the country be alleviated at little more than the cost of a flight to Toronto on Westjet or Porter?

Montreal has no shortage of dance companies, and Winnipeg can certainly spare a few film collectives. Calgary has its share of surly salespeople — can't they find positions in Gap stores all around the Golden Horseshoe? As for British Columbia, they've been doing their bit for years, sending Ontario discrete shipments of BC Big Bud and Merville Blueberry along with their spare bassists and film set drivers.

All I'm saying is that being a have-not province doesn't mean Ontario has to be resented by the rest of the country; considering what we'd get in exchange, I think we'd deserve your pity.

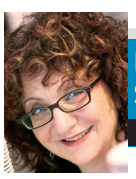
Rick McGinnis writes about music, movies, books and television, but not opera.



MICHAEL DE ADDER

Views

Thank God, it's family dinner night



Bonnie Stern

Family meals are making a big comeback. Everyone is looking for comfort, camaraderie and a trusting environment. Where have we gotten with everyone fending for themselves, letting big companies provide home meal replacements, dining out all the time and buying exotic, expensive ingredients?

With our current economy family meals make a lot of sense. When you entertain, invite guests to be part of a family meal rather that a Saturday night extravaganza. Guests feel honoured to be invited into your family and they love to help with cooking — even with the dishes! You can serve reasonably priced ingredients, you don't have to have fancy flowers or table settings and you don't have to feel guilty about it.

In the last few years, people have become more and more suspect of the safety of our food, our environment and of the world in general. Large companies preparing countless amounts of food are bound to have problems at one time or another. When you cook for yourself you have more control, know the quality of your ingredients and don't have to worry about the food keeping forever. You can buy locally produced foods and help protect the environment as well as your family.

When you buy prepared foods it is pretty hard to pass recipes down to your children. Your children will probably repeat your model. And if the company you use goes out of business, there won't be any more traditional family recipes.

A family dinner is the time to celebrate your family's accomplishments and discuss any problems. I like Friday night for many reasons, but one is that it's a great time to discuss the week gone by while it's still fresh in everyone's mind. Then you can say goodbye to it and welcome the weekend. Family dinners create family values and in times of uncertainty, it helps to have people around you that you can trust.

People are looking for emotional connections so desperately that even strangers are getting together to cook and eat meals together. Pot-luck dinners are the entertaining style of the year and even television shows, like the hit Gossip Girl, are promoting family dinners.

So invite your friends to join your family or create a family for yourself from the different "families" you belong to (alumni groups, work groups, book clubs, etc.). When people realize how good it feels to gather around the table and feel taken care of, they will turn around and do the same things with other people. Try it. It's catching on.

Bonnie Stern is a teacher, columnist, author and one of Canada's top food experts. Her latest book is Friday Night Dinners (Random House Canada.)

Letters

Bozenna Siedlecka, PORT MOODY, B.C.

It seems to me that soon a time will come when the Supreme Court of Canada, in the name of non-discrimination, will decide on women's demand that buying tickets to sport events, for instance, and watching it is mandatory for everyone.

I did not know that a sport like ski jumping, for instance, is a legitimate job governed by some kind of industry which is obligated by law to employ women regardless of public interest. If women ski jumpers want to jump, they should seek interested parties to sponsor them. I think the Supreme Court should stay out of this.

Vincent Lizee, VIA E-MAIL

Now that the women ski jumpers have a court date, maybe they can think about who is going to pay for their event's inclusion — taxpayers. Some taxpayers would rather not have their event funded not because they dislike female ski jumpers but from their belief that Vancouver's hosting of the 2010 Olympics is a colossal waste of their money.

Christine Arcand Godin, BOURGET, ONT.

Re: Tougher rules for seniors?, Nov. 19

Senior drivers respect the law more than younger drivers because their parents taught them the meaning of respect for others as well as good manners.

Being a senior doesn't mean we all drive our cars into telephone poles because our hair turning white made us go insane.

Ms. Christine Williams should know that seniors have to undergo exams and tests after 65, for eyesight and other health-related driving risks — it is the law.

It's the law for younger drivers that is criminally lax.

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Letters must include sender's full name, address and phone number – street name and phone numbers will NOT be published. **We reserve the right to edit letters.**

Enbridge sells $500M in debt despite turmoil

Enbridge Inc. has placed $500 million in corporate debt with investors, selling $300 million in 10-year notes with a 6.62 per cent coupon to a group of 30 institutional investors. That follows a $200-million sale of five-year debentures at 5.57 per cent. **REUTERS**

Business

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EDITOR: FERMIN DESOUZA, FERMIN.DESOUZA@METRONEWS.CA

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PM vows to fight crisis by any means

Canada will take whatever fiscal and monetary measures are needed to combat the effects of the global financial crisis, Prime Minister Stephen Harper said yesterday, predicting more economic gloom to come.

Harper also told Parliament that the Conservative government would not balance the budget by raising taxes or cutting essential services in a time of upheaval.

"World governments have resolved that they will undertake whatever financial, monetary and budgetary measures are necessary to cope with the crisis, and let me be clear — this is also the position of the government of Canada," Harper said.

He also promised short-term stimulus for the economy amid a U.S. recession.

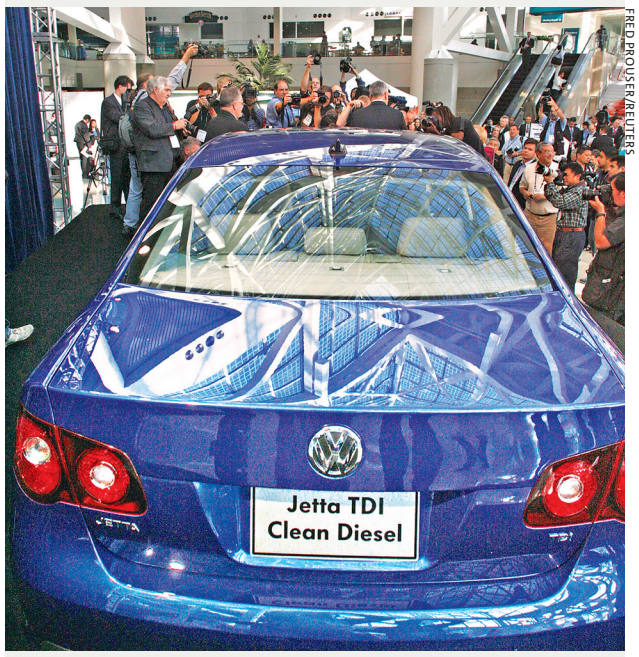
"We have been affected and will be further affected."
Stephen Harper

"We have been affected and we will be further affected, particularly given that our closest neighbour and largest trading partner is the epicenter of the financial earthquake," he said.

Finance Minister Jim Flaherty said Ottawa may consider providing economic stimulus through additional investments in infrastructure projects. That would be on top of $16 billion in spending already pledged in the last budget.

REUTERS

L.A. Green diesel heralded



FRED PROUSER/REUTERS

Photographers crowd around a Volkswagen 2009 Jetta TDI on stage after it was named Green Car Journal's 2009 Green Car of the Year at the L.A. Auto Show in California yesterday. This is the first time that a clean diesel model has been given the award.

CRTC OK's Bell's traffic throttling

INTERNET Canada's telecom watchdog has sided with BCE Inc. and its subsidiary Bell Canada in letting the company slow file-sharing traffic on wholesale networks it leases to smaller service providers.

The Canadian Radio-television and Telecommunications Commission also said yesterday that BCE will now have to notify wholesale customers at least 30 days in advance of making performance-affecting changes.

The Canadian Association of Internet Providers, which filed the complaint, says it's not just file sharing to blame: YouTube and Internet radio and have also been affected by traffic shaping.

REUTERS

Mussina retires
New York Yankees pitcher Mike Mussina announced his retirement yesterday, even as he comes off his first 20-win season. Mussina was 270-153 with a 3.68 ERA in 18 seasons in the majors. METRO NEWS SERVICES

Sports

Wake stands out

The Lions' Cameron Wake, left, was named CFL Outstanding Defensive Player last night. Montreal Alouettes quarterback Anthony Calvillo, took home the CFL's Most Outstanding Player award, beating out his Grey Cup counterpart, Calgary's Henry Burris. Edmonton's Kamau Peterson won Outstanding Canadian and Toronto's Dominique Dorsey captured top Special Teams Player. METRO NEWS SERVICES

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Daniel conquers the Wild

NHL RESULT

Canucks 3 Wild 2

VS

THE SKINNY: Daniel Sedin's eighth goal of the season broke a third-period tie as the Canucks won for the eighth time in their last 11 games. Pavol Demitra scored and assisted on the winner, while Steve Bernier scored for the first time in nine games. Mikko Koivu scored both goals for the Wild in a losing cause.

REUTERS/ERIC MILLER

Daniel Sedin celebrates his game-winning goal last night.

THE BACKUP: Curtis Sanford would probably like Koivu's first goal back, but he made up for it with five times as many spectacular saves. Sanford was full value in making 28 stops for his first win of the season.

THE HOT HAND: Since returning from a rib injury that caused him to miss 10 games, Demitra has racked up seven points in four games and has goals in three straight outings.

THE RATING: It wasn't that bad for a game with the Wild, but these contests always leave something to be desired. 3 out of 5 stars.

Tomorrow

VS

11 a.m.
TV: Sportsnet
Radio: TEAM 1040

The Canucks wrap up their four-game road trip with a visit to the Igloo in Pittsburgh. Vancouver has picked up 18 of a possible 22 points over the past two weeks, while Pittsburgh boasts seven wins in eights games this month with the only loss coming in a shootout.

WHAT'S COOKE'N: Saturday will be the first time former Canuck Matt Cooke has played a game against Vancouver. Chances are he'll greet his former mates with a few body checks. SCOTT RINTOUL, FOR METRO

Sports in brief

CIS Laval Rouge et Or quarterback Benoit Groulx was named Canadian Interuniversity Sport football's Hec Crighton Trophy winner as player of the year last night. METRO NEWS SERVICES

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The Boss officially steps aside

George Steinbrenner's 35-year reign as boss of the New York Yankees ended yesterday when he passed control of the team to his youngest son, Hal. The elder Steinbrenner has gradually withdrawn from the Yankees' day-to-day operations in recent years, and brothers Hal and Hank were appointed co-chairmen in April. METRO NEWS SERVICES

Trends pointing to a Grey Cup Stampede

YorkReport

Marty York

marty.york@metronews.ca

Seven reasons that explain why the Calgary Stampeders will defeat the Montreal Alouettes in Sunday's Grey Cup game at Olympic Stadium:

• Defence wins championships. And the Stamps' defensive unit, sparked by linebacker JoJuan Armour and lineman Mike Labinjo, was the stingiest in the CFL this season. The B.C. Lions couldn't even notch a TD against Calgary in last week's Western final, and that's unusual in the high-scoring CFL. Calgary's defence subscribes to a bend-but-don't-break mentality, drummed into the unit by defensive co-ordinator Chris Jones, who spent the past seven years as a Montreal assistant coach. Jones is entirely familiar with the tendencies of Als quarterback Anthony Calvillo.

• A clutch kick could do the trick. The Stamps' Sandro DeAngelis led the CFL in scoring this season. He also established himself as the league's most dependable kicker. And clutch field goals historically have been key — and often dramatic — components of Grey Cup victories. Als kicker Damon Duval is no slouch and his relationship with club president Larry Smith (Duval married Smith's daughter) isn't the only reason he is on the Montreal roster. But Duval became inconsistent this season and squandered several chip-shot opportunities.

• Home-field disadvantage. This will surprise you, I suspect, but playing in Montreal won't hurt the Stamps a lick. Since 1958, when the CFL was officially formed, teams competing in the Grey Cup in their home city are 3-5. Besides, Olympic Stadium isn't really the Als' home. They play their games at Percival Molson Stadium. As for the so-called 13th man in the stands, the Stamps have prepared themselves by pumping taped, near-deafening sounds into the P.A. system during practices at Olympic Stadium this week.

And they need only to score quickly to take the crowd out of it.

• The Stamps sure can score. No CFL team is more explosive. Joffrey Reynolds was the CFL's leading rusher; Ken-Yon Rambo, its leading receiver.

• Calvillo's crashes. The Montreal QB doesn't exactly have a great Grey Cup record. This will be his sixth championship game in a nine-year span. He has won only once before.

• Coaching. Montreal's Marc Trestman exceeded expectations in his first CFL year, no question, but Calgary's John Hufnagel has oodles of CFL experience as a player and assistant coach and knows exactly what Grey Cup week entails. That's a significant advantage.

• Moi. Heck, I picked the Stamps in print to capture the Cup before training camp started this season. I'm not changing my mind now.

Stamps fan Denis Nadeau rides his horse Rolo down Ste-Catherine Street in Montreal last night.

Shades of Grey

• For Grey Cup notes and nuggets, check out Marty York's latest CFL Report, exclusively at metronews.ca. And be sure to pick up Monday's Metro or log on to metronews.ca to read Marty's Grey Cup game column.

NBA Together again

REUTERS/PAUL CONNORS

Shaquille O'Neal is hugged by former teammate Kobe Bryant prior to last night's Lakers-Suns game. Los Angeles won 105-92.

SCOREBOARD

NHL

YESTERDAY'S RESULTS

VANCOUVER 3 Minnesota 2
Calgary 1 Colorado 0
Detroit 4 Edmonton 3
Montreal 3 Ottawa 2 (SO)
Chicago 6 Dallas 3
New Jersey 3 Florida 1
Pittsburgh 3 Atlanta 2
Washington at Los Angeles

TONIGHT'S GAMES

Florida at Boston
N.Y. Islanders at New Jersey
Phoenix at Carolina
Philadelphia at Buffalo
Nashville at Tampa Bay
Anaheim at St. Louis

CFL

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Visit metronews.ca/movies to get showtimes, watch trailers and read reviews.

Movies&Entertainment

EDITOR: TINA COSTANZA, TINA.COSTANZA@METRONEWS.CA

Movies

Fatal attraction

Pg 12

Twilight is already guaranteed an audience in theatres with an established fan base — mainly teenaged girls. Those who adore the literary vampire love story will not be disappointed. Everyone else will just wonder what the fuss is about.

movies

Pg 14

Australia contains all the key ingredients for an epic film.

music

Pg 20

Looking at the hits, misses in Bond's musical legacy.

urban foodie

Pg 25

Surprising changes with new chef, new menu at Nu.

Ballet at the movie theatre
The National Ballet of Canada's The Nutcracker will be presented in high-definition at Cineplex Odeon, SilverCity and Famous Player theatres around Britsh Columbie on Dec. 13. Visit *cineplex.com* for times, locations and tickets. METRO NEWS SERVICES

Movies

●●●●● A CLASSIC; ●●●● EXCELLENT; ●●● GOOD; ●● FAIR; ● POOR

Entering the new Twilight zone

Twilight

Director: Catherine Hardwicke
Starring: Kristin Stewart, Robert Pattinson
Classification: PG
Rating: ●●

PHIL BROWN
for Metro Canada

With an established fan base — mainly populated by teenaged girls — the literary phenomenon Twilight is already guaranteed an audience in theatres.

Chances are, that ready-made audience will like the film, but sadly, anyone hoping for a youth fantasy that can crossover to general audiences, a la Harry Potter, will be disappointed.

It's not that Catherine Hardwicke's film is terrible, it's just a movie with a very selective audience appeal.

Kristin Stewart stars as Bella, a young girl who moves to a small town and becomes instantly captivated by a classmate named Edward (Robert Pattinson), who is part of a very peculiar and insular family known as the Cullens.

As Bella becomes more attracted to Edward, she discovers that the Cullens are a clan of vampires … but very safe emo-vampires who only drink animal blood and spend most of their time silently emoting and looking pretty rather than preying on helpless victims.

Thus begins an epic tale of forbidden love that has made the hearts of millions of teenage girls swoon.

The main problem with the film is how completely uninteresting Edward can be. All he seems to be capable of doing is appearing attractive and emotionally conflicted simultaneously.

It also doesn't help that forbidden vampire love has been a cornerstone of the genre since Dracula, making the plot very old and predictable. The only curveball is the fact that this story takes place with contemporary teens (hence the fan base).

Catherine Hardwicke is a talented filmmaker (see Thirteen) and fills the movie with enough exciting visuals to keep things entertaining while coaxing solid performances out of the cast. But it's just not enough to elevate the film above a predictable storyline.

That said, if you're a fan of the franchise you'll probably enjoy the movie. However, if you're one of the many asking, "What's this Twilight thing all about?", then you should skip the film. You're better off not knowing.

Robert Pattinson plays Edward in the film version of the popular book Twilight.

A doggone good tale

Bolt

Director: Chris Williams, Byron Howard
Starring: John Travolta, Miley Cyrus
Classification: G
Rating: ●●●●

STEVE GOW
for Metro Canada

John Travolta provides the voice for title doggy Bolt.

REVIEW I must admit, my initial reaction to John Travolta voicing a cute, cuddly puppy in Bolt wasn't one of anticipation. To me, it seemed a role fit more for Zac Efron than Danny Zuko but then, Bolt is not your average animated hit.

The movie starts off benign enough: A young girl named Penny (voiced by Miley Cyrus) falls in love with a pet store pup named Bolt (John Travolta). But it just as suddenly jumps five years and into the framework of what might be best described as a James Bond movie for Jack Russell Terriers.

Here, we find out Bolt is not only gifted with powers that include a "superbark," but that the show-biz doggy doesn't realize its all part of a TV production. However, after Bolt is accidentally shipped across America, he discovers his true mortality and must journey home to his beloved owner.

Essentially, this tale about the unyielding loyalty of canines is as charming and heart-tugging as any Disney movie out there. Even better, the film excels in skill, depth and maturity equaling that of Wall-E and Ratatouille. Not really surprising since Pixar's brilliant chief John Lasseter is now running Disney's animation department as well.

While reticent about Travolta, his voice is actually a comforting fit for the disillusioned doggy. But Disney's story artist-turned-voiceover talent Mark Walton is the true scene-stealer in Bolt. Playing a hefty hamster that joins his TV idol on the cross-country trek, Walton's Rhino is sure to have audiences screaming "fully awesome" and giving Bolt a big boost at the box office.

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Disney picks up The Most Annoying
Disney has picked up The Most Annoying Man in the World by Kevin Kopelow and Heath Seifert. Plot details are being kept under wraps, but Annoying is described as a broad comedy in the vein of Trains, Planes and Automobiles. **REUTERS**

Movies

A CLASSIC; EXCELLENT; GOOD; FAIR; POOR

A reel holiday for filmgoers this season

Whether you're looking for something to do with your loved ones over the holidays, or trying to get away from those cheek-pinching distant relatives, Hollywood is hoping you'll take in a flick – or a few.

There seems to be more choices than a can of mixed-nuts hitting the screen this year. Here's Metro's peak at some of the holiday-period's movie highlights.

Movie feature

STAGE TO SCREEN: Opie-grad Ron Howard raises the curtain on theatrical adaptation with Frost/Nixon (Dec. 12), a dramatization of the famous 1977 interview between journalist David Frost and a disgraced ex-president Richard Nixon. Howard will have some competition, since Meryl Streep's latest Oscar attempt, Doubt, also opens in some Canadian cities the same day. The Broadway version hit the stage more than 500 times, and Philip Seymour Hoffman and Amy Adams are helping to bring this story of a priest who may have crossed the line with a student to the big screen.

BIO-STORIES: Beyoncé Knowles may have missed her acting Oscar with Dreamgirls, but she is trying again with a turn as Etta James in Cadillac Records (Dec. 5); about the rise and fall of Chicago-based Chess Records. Sean Penn is also a contender for the golden-guy with his portrayal of Harvey Milk in Gus Van Sant's bio about the 1970s assassination of the San Francisco politician in Milk (limited release Nov. 28). It's anyone's guess how Valkyrie (Dec. 26) will fair. Tom Cruise teams with director Bryan Singer to bring this story of the attempted assassination of Adolph Hitler.

KATE AND LEO It was just over a decade ago that Christmas audiences warmed to in Kate Winslet and Leonardo DiCaprio in the North Atlantic iceberg-crashing epic Titanic. Now Rose and Jack are teemed again, this time as a 1950s couple looking for answers in post-wat suburbia in Revolutionary Road (Jan. 2). If you can't wait until the new year, get a Winslet fix in December when she plays a woman defending herself at a war crimes trial following the Second World War in The Reader (Dec. 12).

FANTASY FARE: The 1950s sci-fi classic The Day the Earth Stood Still has received a CGI update with Keanu Reeves playing the role on an alien visitor warning of an impending catastrophe if humanity doesn't clean up its act. (Dec. 12). Meanwhile, things are taking place in Reverse for Brad Pitt, who stars as a man who, instead of growing older, finds himself growing younger everyday in The Curious Case on Benjamin Buttons (Dec. 25).

FAMILY FUN: Nothing says the holidays more than a family sharing a tub of buttered popcorn, and the producers of Delgo (Dec. 12) are hoping it's their film children are eying in theatres. This animated adventure sees Freddie Prinze Jr. provide the voice of a young man who escapes jail after being sentenced for a crime he didn't commit. It's a mouse on the run in The Tale of Despereaux (Dec. 19), with Matthew Broderick voicing a mouse banished from his home. Looking for something a bit more real? Adam Sandler stars as a hotel handyman whose fantastical stories he tells his niece and nephew start to become true in the family movie Bedtime Stories (Dec. 25).

METRO NEWS SERVICES

Brad Pitt, left, stars in The Curious Case of Benjamin Buttons, in theatres Dec. 25

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The opposite of a Christmas film

Seth Gordon, centre, with Vince Vaughn and Reese Witherspoon.

PHIL BROWN
for Metro Canada

FEATURE Seth Gordon burst onto the scene last year with the brilliant documentary The King Of Kong about a pair of grown men fighting over the top score on the original Donkey Kong.

It was inevitable that he would transition into Hollywood after the film, but nobody could have predicted that it would happen so quickly. Before King Of Kong even debuted on DVD, Gordon was hired to direct the comedy Four Christmases — with an all-star cast including Vince Vaughn, Reese Witherspoon, Robert Duvall and Sissy Spacek.

"Vince Vaughn had seen The King Of Kong and I think he responded well to it. He showed it to Reese and they asked to see me," said Gordon. "I barely had time to review the script. I actually read it on the plane to LA. Then I told them my first instincts about the story and found that we were very similarly minded about the problems with the script."

Gordon then worked with the stars to make something that was true to their feelings about families and the holidays. Opening next Friday, the film is about a couple forced to visit their dysfunctional families for Christmas after avoiding them for years.

"I think it's in some ways the opposite of a traditional Christmas movie because the characters are anti-family anti-marriage, and anti-kids," says Gordon. "I guess my own personal attitudes about marriage and kids is closer to the protagonists than I was ready to admit. I think it's very informed by our personal experiences, although I won't say what is loosely based on specific things."

Making Four Christmases was obviously quite different from making a low budget documentary and Gordon admits that it was quite a challenge.

"It was such a leap and the movies have almost nothing in common," he said. "It was a great opportunity that I couldn't resist. I'll definitely do some more comedies in the future, but this was a great one to get to cut my teeth on."

Warner presses Control-Alt-Delete

Warner Bros. is pressing Control-Alt-Delete, picking up a comedy spec script described as Bill and Ted's Excellent Adventure meets The Matrix. REUTERS

Movies

A CLASSIC; EXCELLENT; GOOD; FAIR; POOR

Cue the horn, crash the cymbals, it's an epic film

JIM REYNO
jim.reyno@metronews.ca

The very name conjures images of a screen filled with a vast, open prairie lit by a glorious, breath-taking sunset. Or maybe an imposing old guy with a full beard, with the power of God at his fingertips, ready to part the sea with the wave of a staff.

Movie **feature**

Add an overblown, melodramatic soundtrack, and ladies and gentlemen, you have — drum roll, please — an epic movie. Cue the horn blast! Crash the cymbals!

"They always seem to have those big, symphonic scores," associate professor of film Patricia Gruben says on the phone from Simon Fraser University in Vancouver. But there are other things an epic movie requires. Check out the media release for the latest epic, Baz Luhrmann's Australia: "With his new film, Luhrmann is painting on a vast canvas, creating a cinematic experience that brings together romance, drama, adventure and spectacle," Gruben says.

"It looks like it's got all the ingredients," she says about Australia. "There's got to be a love story in there somewhere, in every big-budget movie."

The landscape of Australia is also very much a part of the picture. Now, Jackman won't be parting any seas like Charlton Heston did as Moses in The Ten Commandments, but visuals are integral to an epic. So is connecting with your audience.

"It's got to have some kind of mythic dimension," Gruben says. "It's got to tell us something about ourselves as a cultural group or as a nation."

Just as The Ten Commandments appealed to a religious audience, so goes Australia for Australians. Luhrmann, Kidman and Jackman are all Aussies. So if you can connect with people through their eyes, ears and heart, you're talking about a movie of epic proportions.

"I think the spectacle is part of it," Gruben says about the appeal of epics. "And I think very much a part of it — the ones that work, work on the basis of making us feel included in something, make us feel part of some larger idea."

Kidman, Jackman jumped at chance to work on Australia

FEATURE Red carpets were rolled out in Sydney and the dusty outback on Tuesday for the world premiere of the epic movie Australia which aims to showcase the rugged continent, its history and indigenous people to the world.

Australian co-stars Nicole Kidman and Hugh Jackman have both carved out lucrative Hollywood careers but jumped at the chance to work on Director Baz Luhrmann's ambitious and grandly named film, the most expensive made in Australia.

"The hardest thing was finishing it," Jackman told a news conference, adding that playing a drover or cowboy in the movie was the "greatest role I have ever had."

Australia is pinning high hopes on the romantic adventure which Luhrmann said he had filmed in the style of Gone With The Wind and hoped would become part of Australian film history.

Kidman, 41, who worked with Luhrmann on his most recent and third movie Moulin Rouge in 2001, said making Australia was a "once in a lifetime thing" for her.

"Rarely do you get to make a film that you have dreamed of doing since you were little, which will be part of Australian cinema," said Kidman. "This is a celebration for me and hopefully for this country."

Asked about several steamy kissing scenes with Jackman, Kidman joked: "Obviously we were in character, but it was good to go to work."

The two-hour, 40-minute long movie, which is reported to have cost News Corp's 20th Century Fox about $130 million US, is a World War Two drama set in stunning Australian landscape. The story is about an English aristocrat who travels to Australia and joins forces with a drover and an Aboriginal child to drive a herd of cattle across Australia. Australia opens in Canada on Wednesday. REUTERS

Nicole Kidman and Hugh Jackman star in Australia.

I Am Legend reunion
In a potential high-profile star-writer reunion, I Am Legend co-scribe Mark Protosevich is in early talks to pen the remake of Old Boy, which Legend star Will Smith is developing with director Steven Spielberg. REUTERS

Movies

A CLASSIC; EXCELLENT; GOOD; FAIR; POOR

Melski's Growing Op goes to pot

Rosana Arquette and Stephen Yafee star in Growing Op.

Growinp **Op**

Director: Michael Melski
Stars: Rosana Arquette. Stephen Yafee
Classification: STC
Rating: ½

CHRIS ALEXANDER
for Metro Canada

Taking it's cues from the hit Showtime suburban, spliff-seller dramedy

Weeds, writer/director Michael Melski's Cancon-approved clunker Growing Op deals with the trials and tribulations of pasty faced Quinn — Stephen Yafee, unconvincingly channeling a young John Cusack — the home-schooled 17-year-old son of a pair of aging hipster Marijuana harvesters.

Crushingly lonely, pining for his cute next door neighbor and eternally at odds with his radical parents and their doobie-drenched lifestyle, Quinn decides — against their wishes — to enroll himself in public school for the first time in a vain attempt to be "normal."

Growing Op — get it? — is a pedestrian fish out of water serio-sitcom that, for all of its wannabe coming of age John Hughes-esque pretensions, fails to find the absurdist spark a comedy like this desperately needs to succeed. The film's only semi-redeeming element in is an amusing performance by the always reliable and woefully undervalued Rosana Arquette.

As the cannabis clan's loving — when she's lucid — matriarch, Arquette is truly funny and brings a sense of much needed authenticity to Melski's tepid and artificially realized screen universe: You really buy the fact that this is an intelligent, eccentric woman who is having difficulty grappling with her son's rebellion.

That richly detailed turn aside, Growing Op is a pithy homegrown hubbly-bubbly of the lamest sort.

A CURE FOR THE GROUCHES, THE TINSEL HATERS, AND THE STEADFASTLY UNCHEERFUL.

Our Red Cups are back, and it's our most heartwarming batch yet. The Peppermint Mocha Twist, topped with shaved cacao. The Gingersnap Latte, sprinkled with crystallized pieces of Australian ginger. And the Espresso Truffle, flavoured with a blend of four rich cocoas. One taste and your holiday spirit will burn as brightly as a decorative robotic Santa.

STARBUCKS COFFEE

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InFocus

Richard Crouse
mrchaos33@hotmail.com

Bringing the undead to life on the big screen

This week audiences will travel into another dimension: A dimension where vampires and humans fall in love; where bloodsuckers feed on animals instead of people.

They'll take a journey to a wondrous land where a series of books can become a movie blockbuster. They're about to cross over into the Twilight zone.

Twilight, for the uninitiated, is Buffy's worst nightmare. It's the first in an insanely popular series of books about seventeen-year-old Bella Swan who moves to Forks, Washington and finds her life in danger when she falls in love with ninety-year-old vampire Edward Cullen.

The books are required reading for every teenage girl on the planet and now those undead literary characters are coming to life on the big screen in what will undoubtedly be the weekend's number one film. Vampires, despite Buffy's best efforts, are hot again.

Until recently vampire movies were stuck in a rut, duller than a blunt wooden stake. Too often they relied on the age-old conventions of the genre — bloody fangs, holy water and black velvet capes — while every other horror icon was given a makeover.

28 Days Later gave us fleet footed zombies and Ginger Snaps suggested an alternate werewolf backstory but vampires were stuck in gothic Bela Lugosi Land.

The undead were reinvented for the series True Blood, but until recently interesting revisions of the vampire story at the movies were as rare as baked garlic at Dracula's Diner.

That's what makes Twilight and a new film called Let the Right One In so refreshing. The latter is a Swedish movie about Oskar, a bullied twelve-year old boy who finds love and revenge through Eli, a pretty but peculiar girl who is also a vampire.

So if Twilight is sold out your local theatre this weekend, check out Let the Right One In, or, dig a little deeper and blow the dust off of DVD copies of Tobe Hooper's Lifeforce or The Hunger (David Bowie and Catherine Deneuve as elegantly wasted vamps) or even Blacula for a different take on the vampire myth.

Columbia to tell butler's story

Columbia is bringing the story of Eugene Allen, a black man who served as a White House butler for 34 years, to the big screen. Allen started at the White House as a "pantry man" in 1952. REUTERS

Movies

A CLASSIC; EXCELLENT; GOOD; FAIR; POOR

Camp opera irredeemable

Repo! The Genetic **Opera**

Director: Darren Lynn Bousman
Stars: Paul Sorvino, Paris Hilton
Classification: 14A
Rating: ½

STEVE GOW
for Metro Canada

You've got to hand it to filmmaker Darren Lynn Bousman. Anyone who can gather Paris Hilton, soprano Sarah Brightman and '80s rocker Joan Jett in one movie has persuasive possibilities. Unfortunately for the Saw II, III and IV director, a diverse cast does not redeem an ambitious, but ultimately toothless rock opera.

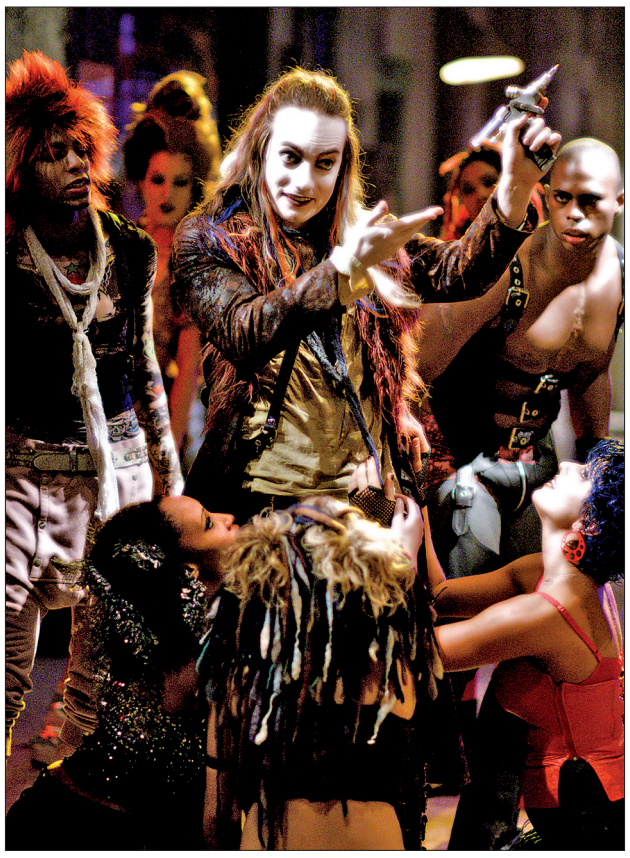
In a dystopian future, society is dominated by GeneCo., a mega-corporation that finances much-treasured organ transplants and surgery — both of which, by 2056, are deemed fashionable.

However, when payments are behind, out comes the Repo Man (Anthony Head), a killer with more than a few skeletons in the closet.

As ripe for fright as that sounds, Repo! The Genetic Opera is no tuneful terror. Although it targets the same toast-throwers that religiously celebrate The Rocky Horror Picture Show, Repo! lacks creep and kitsch and amps up the camp instead.

In that sense, I suppose Hilton is smartly cast as GeneCo.'s surgery-addicted heiress — that is until a botched job leaves her face literally hanging in the middle of a musical number.

An impressively gothic look and the appearance of horror figure Bill Moseley (The Devil's Rejects) may find Repo! a cult audience, but it certainly won't persuade the rest of us. On the other hand, it is almost worth the price of admission to see Paris Hilton's face fall off. Almost.



Repo! The Genetic Opera features an unusual cast, including Paris Hilton, soprano Sarah Brightman and '80s rocker Joan Jett.

Director Patrick Reed revisits the places where he worked as a member of Doctors Without Borders in the documentary Triage.

Unsettling journey to Africa

Triage: Dr. James Orbinski's **Humanitarian Dilemma**

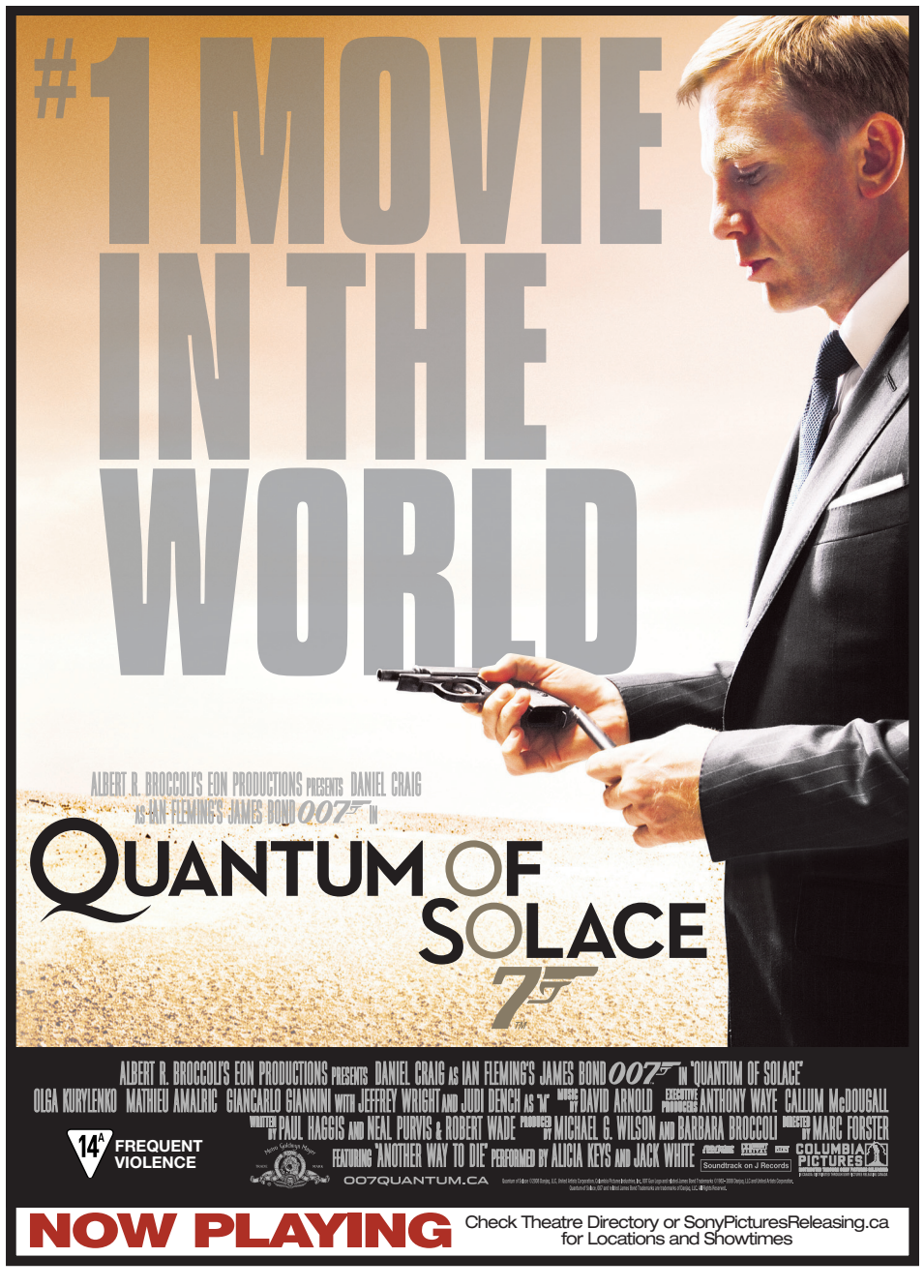
Director: Patrick Reed
Classification: STC
Rating:

KEVIN COURRIER
for Metro Canada

REVIEW While the term triage, which means the process of sorting victims to determine medical priority, is applicable to medicine, it's also an apt title to describe the stirring and unsettling emotional journey of Dr. James Orbinski.

Triage: Dr. James Orbinski's Humanitarian Dilemma is a powerful tale of a man whose ideals get profoundly tested by the horrific genocides he witnessed and tried to confront in Africa.

The film follows Orbinski, a Nobel Peace Prize-winning doctor, as he returns to Somalia, Rwanda and the Democratic Republic of Congo to reflect on the meaning of the relief work he did there in the nineties with Doctors Without Borders.



Beauty getting a 3-D makeover
Belle, the Beast and all the dancing silverware in Beauty and the Beast are getting a 3-D makeover. The filmmakers behind the 1991 feature are creating a new Disney digital 3-D version, which will be released in 2010. **REUTERS**

Reel Time

●●●●● A CLASSIC; ●●●●○ EXCELLENT; ●●●○○ GOOD; ●●○○○ FAIR; ●○○○○ POOR

Movie **morsels**

Changeling
●●●●○

REVIEW Directed by legendary icon Clint Eastwood, Changeling tells the emotional journey of Christine Collins (Angelina Jolie), a single mother in 1920s Los Angeles who comes home to find her son missing. Following weeks of relentlessly searching, the police suddenly show up with her child, reporters in tow. Great. Only there's a catch: It ain't him.

Steve Gow/Metro Canada

Madagascar: Escape 2 Africa
●●½

REVIEW If it ain't broke, don't fix it. Yes, it's an archaic, overused adage, but when it comes to Madagascar: Escape 2 Africa, it also applies. The movie isn't without its improvements: It has plenty of jokes and inside-gags for the adults but they're mostly just recycled sensibilities from the 2005 film. Of course, the story is what really counts, and Madagascar 2 tells too many tales.

Steve Gow/Metro Canada

Quantum of Solace
●●●○

REVIEW The movie starts literally minutes after its predecessor, Casino Royale, ended, with a pre-credit car chase that sums up director Marc Forster's brisk approach to the story. Action scenes are the meat of Bond movies. Most of what we see in Quantum of Solace is at least as good as the standards set in previous films; relentless, and more than a bit improbable. Daniel Craig's JamesBond is still an excellent incarnation of the character.

Rick McGinnis/Metro Canada

Role Models
●●●●○

REVIEW Without its leading men — one uses the term loosely in this case — Role Models would be just another installment in the sub-Apatow genre, which is to say a comedy based on character and dialogue and the odd kick in the nuts. Paul Rudd and Seann William Scott are simply the best parts of a great cast that delivers a barrage of laughs.

Rick McGinnis/Metro Canada

Daniel Craig is James Bond in Quantum of Solace.

Soul Men
●●○○

REVIEW Soul Men is a blast from the past in both its plot, about the reunion of a '60s-era R&B group, and its tired 1982-style script and direction. But the late Bernie Mac and Samuel L. Jackson deserve at least some credit for their smoother-than-expected grooving as aging singers. Soul Men's one saving grace is that it's Mac's final performance and for this reason, it may end up generating more box-office returns than it otherwise would have.

Robyn Young/Metro Canada

RocknRolla
●●●½

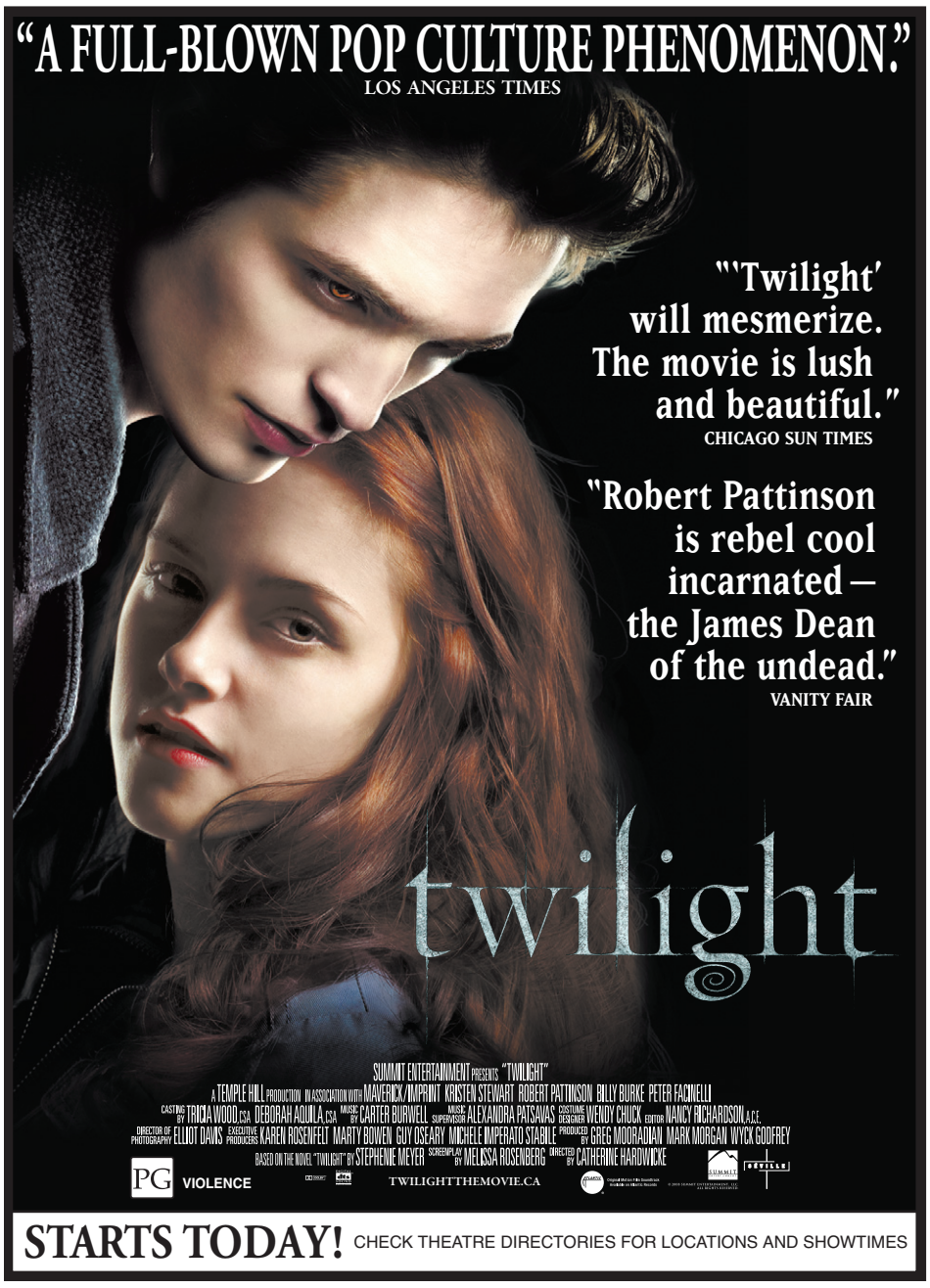
REVIEW Like those acclaimed crime-dramas of the late '90s, RocknRolla explores a familiar criminal element of the London underground; namely those involved in a complex real estate scam gone wrong. There are far too many subplots too summarize, but rest assured Guy Ritchie's latest features the same narrative voiceover, cleverly crooked gangsters, and super-frenetic pacing of his earliest work.

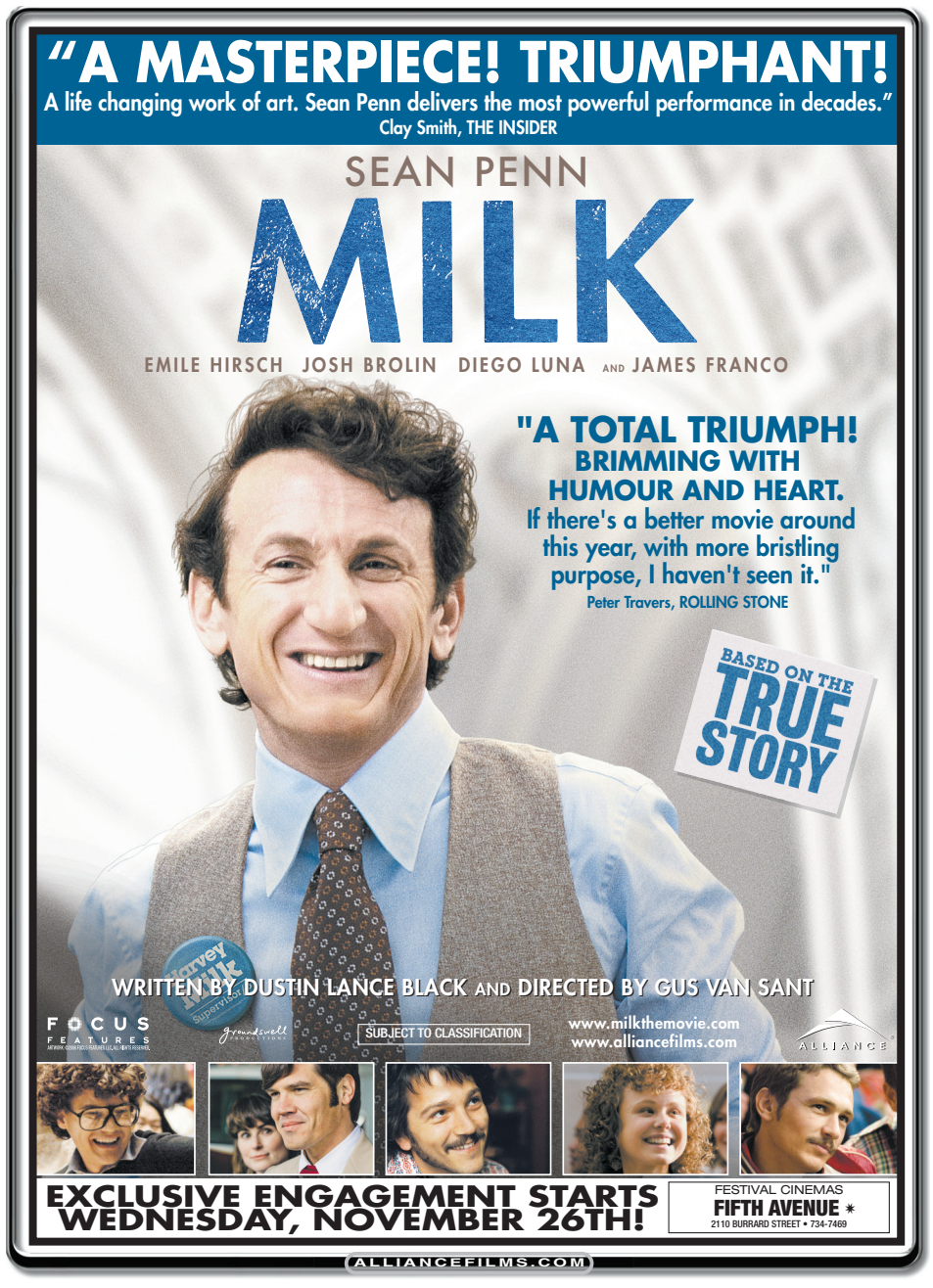
Steve Gow/Metro Canada

High School Musical 3: Senior Year
●●●½

REVIEW It's very likely that only a handful of adults have seen the previous two High School Musical incarnations that follow the dancing and singing students of Albuquerque's Eastside High. Adults can actually attend the movie without too much fear. Sure, the storyline is very basic and squeaky Mickey Mouse-clean — you may doze off occasionally — but there is great energy in this film.

Steve Veale/Metro Canada





Screen Times

This week's new releases are highlighted in red.

THESE PAGES COVER MOVIE START TIMES FROM FRI., NOV. 21 TO THURS., NOV. 27. TIMES ARE SUBJECT TO CHANGE.

For reviews of Australia, Four Christmases and Transporter 3, pick up Wednesday's Metro.

VANCOUVER

OMNIMAX THEATRE SCIENCE WORLD
1455 Quebec St., 604-443-7443

The Alps (STC) Fri-Thu 12-2-4 Fri-Sat 8:30
Grand Canyon Adventure: River at Risk in 3D (STC) Fri-Thu 1 Sat 7:30
Journey Into Amazing Caves (STC) Fri-Thu 11-3 Fri 7:30
Pulse: A Stomp Odyssey (STC) Sat-Sun 5

CN IMAX THEATRE
201-999 Canada Place, 604-682-4629

Dinosaurs 3D: Giants of Patagonia (STC) Fri 7 Sat-Sun 5-7 Mon-Thu 7
Fly Me to the Moon 3-D (G) Fri-Thu 2
Wild Ocean (G) Fri 1-6-8 Sat-Sun 1-4-6-8 Mon-Thu 1-6-8

DUNBAR THEATRE
4555 Dunbar Street, 604-222-2991

Quantum of Solace (14A) Fri 7-9:40 Sat-Sun 1:30-4-7-9:40 Mon-Thu 7-9:40

FIFTH AVENUE CINEMAS
2110 Burrard Street, 604-734-7469

The Boy in the Striped Pajamas (PG) Fri-Thu 2-4:45-7:30-9:30
Milk (PG) Wed-Thu 1-3:45-6:50-9:25
Quantum of Solace (14A) Fri-Thu 1:30-4:15-7:10-9:45
Rachel Getting Married (PG) Fri-Thu 1:45-4:30-7:20-9:40
Religulous (PG) Fri-Tue 3:45-9:10
The Secret Life of Bees (PG) Fri-Tue 1-6:50
Slumdog Millionaire (14A) Fri-Thu 1:15-4-7-9:35

GRANVILLE
855 Granville St., 604-684-4000

Burn After Reading (14A) Dolby Stereo Digital Fri 7:10-9:30 Dolby Stereo Digital Sat-Sun 1:40-4:25-7:10-9:30 Dolby Stereo Digital Mon-Thu 7:10-9:30
The Dark Knight (14A) Dolby Stereo Digital Fri 8 Dolby Stereo Digital Sat-Sun 1:30-4:40-8 Dolby Stereo Digital Mon-Wed 8
The Duchess (14A) DTS Digital Fri 6:45-9:15 DTS Digital Sat-Sun 1:45-4:15-6:45-9:15 DTS Digital Mon-Thu 6:45-9:15
Heaven on Earth (PG) DTS Digital Fri 6:50-9:10 DTS Digital Sat-Sun 1:50-4:20-6:50-9:10 DTS Digital Mon-Thu 6:50-9:10
High School Musical 3: Senior Year (G) DTS Digital Fri 6:55-9:20 DTS Digital Sat-Sun 1:35-4:10-6:55-9:20 DTS Digital Mon-Thu 6:55-9:20
Nick and Norah's Infinite Playlist (PG) DTS Digital Fri 7-9:05 DTS Digital Sat-Sun 1:55-4:35-7-9:05 DTS Digital Mon-Thu 7-9:05
Religulous (PG) Dolby Stereo Digital Fri 7:05-9:25 Dolby Stereo Digital Sat 2-4:30-7:05-9:25 Dolby Stereo Digital Sun 2-9:25 Dolby Stereo Digital Mon-Thu 7:05-9:25
WWE: Survivor Series 2007 (STC) Sun 5

HOLLYWOOD THEATRE
3123 W. Broadway, 604-738-3211
hollywoodtheatre.ca

Burn After Reading (14A) Fri 7:30 Sat-Sun 1:30-7:30 Mon-Thu 7:30
Traitor (PG) Fri 9:15 Sat-Sun 3:15-9:15 Mon-Thu 9:15

OAKRIDGE
650 West 41st Ave., 604-263-1944

Madagascar: Escape 2 Africa (G) Fri 6:30-9 Sat-Sun 1:40-4-6:30-9 Mon-Thu 6:30-9
Quantum of Solace (14A) Fri 7:10-9:40 Sat-Sun 1:30-4:20-7:10-9:40 Mon-Thu 7:10-9:40
Twilight (PG) No Passes Fri 7-9:50 No Passes Sat-Sun 1:20-4:10-7-9:50 No Passes Mon-Thu 7-9:50

PACIFIC CINÉMATHÈQUE
1131 Howe Street, 604-688-3456
cinematheque.bc.ca

The Bridge on the River Kwai (STC) Fri 7:30
Hobson's Choice (STC) Sun 9:20 Wed 7:30
In Which We Serve (STC) Mon 9:25
Lawrence of Arabia (STC) Sat 7 Sun 2
A Passage to India (STC) Thu 7:30
The Sound Barrier (STC) Mon 7:15 Wed 9:30
This Happy Breed (STC) Sun 7:15

PARK THEATRE
3440 Cambie Street, 604-876-2747

I've Loved You So Long (French w/e.s.t.) (G) Fri 4-7-9:30 Sat-Sun 1:30-4-7-9:30 Mon-Thu 4-7-9:30
Milk (PG) A.M. Sun 10

RIDGE THEATRE
3131 Arbutus Street, 604-738-6311

Australia (STC) Wed 3:30-9:15 Thu 3:30-6:50-9:50
Burn After Reading (14A) Wed 1
See-Them-Run (STC) Wed 7
Tell No One (14A) Fri 4-6:55-9:30 Sat-Sun 1-4-6:55-9:30 Mon-Tue 4-6:55-9:30

RIO ON BROADWAY
1660 E. Broadway, 604-878-Film
riotheatre.ca

Quantum of Solace (14A) Fri 7:15-9:30 Sat-Sun 2:30-4:45-7:15-9:30 Mon-Thu 7:15-9:30

SCOTIABANK THEATRE VANCOUVER
900 Burrard St., 604-630-1407

Body of Lies (18A) Fri 12:40-4-7:30-10:30 Sat 4-7:30-10:30 Sun-Thu 12:40-4-7:30-10:30
Bolt (G) No Passes Fri-Thu 12-2:20-4:50-7:15-9:45
Changeling (14A) Fri-Thu 12:10-3:20-6:30-10
Madagascar: Escape 2 Africa (G) Fri-Thu 1:30-4:10-7-9
The Metropolitan Opera: La Damnation de Faust (STC) Sat 10
Quantum of Solace (14A) No Passes Fri-Thu 12:20-12:50-3:10-3:50-6:50-7:20-9:50-10:20
Role Models (14A) Fri-Thu 1:10-4:20-7:10-9:40
Twilight (PG) No Passes Fri-Thu 12:30-3:40-7-10:10-11
Zack and Miri Make a Porno (18A) Fri-Thu 1:20-4:30-7:40-10:40

TINSELTOWN
International Village, 88 West Pender, 3rd floor, 604-806-0799
cinemark.com

Australia (STC) No Passes Wed-Thu 1-2:05-3:15-4:25-5:35-6:45-7:50-9:05-10:15
The Boy in the Striped Pajamas (PG) No Passes Fri-Thu 3-5:20-7:35-9:55
Four Christmases (PG) No Passes Wed-Thu 1:40-2:50-4-5:10-6:20-7:30-8:40-9:50
Growing Op (PG) No Passes Fri-Tue 3:05-5:30-7:55-10:20 No Passes Wed-Thu 10:20
Happy-Go-Lucky (PG) Fri-Sun 1:20-4:05-7:05-9:45 Mon 1:20-4:05-9:45 Tue-Thu 1:20-4:05-7:05-9:45
JCVD (PG) No Passes Fri-Tue 2:50-5:15-7:40-10:05
Let the Right One In (14A) No Passes Fri-Tue 2:30-5:10-7:50-10:35
Passchendaele (14A) Fri-Tue 2:05-4:45-7:25-10:10
Ping Pong Playa (PG) No Passes Fri-Sun 2:35-4:55-7:20-9:40 No Passes Mon 2:35-4:55-9:40 No Passes Tue 2:35-4:55-7:20-9:40
Rachel Getting Married (PG) Fri-Tue 1:55-4:35-7:15-9:50
RocknRolla (14A) Fri-Thu 2:25-5:05-7:45-10:30
Synecdoche, New York (14A) No Passes Fri-Thu 1:30-4:20-7:10-10
Transporter 3 (14A) No Passes Wed-Thu 1:35-2:55-4:10-5:25-6:40-7:55-9:10-10:25
Triage: Dr. James Orbinski's Humanitarian Dilemma (14A) No Passes Fri-Tue 1:15-3:25-5:45-8-10:15 No Passes Wed-Thu 1:15-3:25-5:45-8
W. (PG) Fri-Tue 1:35-4:30-7:30-10:25

VANCITY THEATRE
Vancouver International Film Centre
1181 Seymour Street, 604-683-Film vifc.org

Listings not available at press time.

VAN EAST CINEMA
2290 Commercial Drive, 604-251-1313
vaneast.com

Twilight (PG) Fri 7-9:30 Sat-Sun 4:30-7-9:30 Mon-Thu 7-9:30

NORTH SHORE

ESPLANADE 6
200 West Esplanade, 604-983-2762

Bolt in Disney Digital 3D (G) No Passes Fri 7:10-9:25 No Passes Sat-Sun 12:15-2:30-4:45-7:10-9:25 No Passes Mon-Thu 7:10-9:25
High School Musical 3: Senior Year (G) Fri 6:45-9:15 Sat-Sun 12:45-4:10-6:45-9:15 Mon-Thu 6:45-9:15
Quantum of Solace (14A) No Passes Fri 7-7:15-7:30-9:40-9:50-10 No Passes Sat-Sun 1-1:30-2-4-4:15-4:30-7-7:15-7:30-9:40-9:50-10 No Passes Mon-Thu 7-7:15-7:30-9:40-9:50-10
Rachel Getting Married (PG) Fri 6:50-9:30 Sat-Sun 1:15-3:50-6:50-9:30 Mon-Thu 6:50-9:30

PARK & TILFORD
333 Brooksbank Ave., 604-985-3911

Australia (STC) No Passes Wed-Thu 8
Changeling (14A) Fri 6:30-9:30 Sat 3:20-6:30-9:30 Sun 12:20-3:20-6:30-9:30 Mon-Tue 6:30-9:30
Four Christmases (PG) No Passes Wed-Thu 6:30-9:40 Star & Strollers Screening, No Passes Thu 1
Madagascar: Escape 2 Africa (G) Fri 6:50-7:20-9:40 Sat-Sun 12:10-12:40-2:50-3:40-5-6:50-7:20-9:40 Mon-Tue 6:50-7:20-9:40 Wed-Thu 7-9:30
The Metropolitan Opera: La Damnation de Faust (STC) Sat 10
Passchendaele (14A) Fri-Tue 9:20
Role Models (14A) Fri 7-10 Sat-Sun 12:50-3:50-7-10 Mon-Tue 7-10
Transporter 3 (14A) No Passes Wed 6:50-10 Thu 6:50-10
Twilight (PG) No Passes Fri 6:40-7:10-9:50-10:20 No Passes Sat-Sun 12:30-1-3:30-4-6:40-7:10-9:50-10:20 No Passes Mon-Thu 6:40-7:10-9:50-10:20 Star & Strollers Screening, No Passes Thu 1

RICHMOND

RICHMOND CENTRE 6
6551 #3 Road, 604-273-7173

Bolt (G) No Passes Fri 5-7:15-9:35 No Passes Sat 12:30-2:45-5-7:15-9:35 No Passes Sun 12:30-2:45-5-7:15 No Passes Mon-Thu 5-7:15
Four Christmases (PG) No Passes Wed-Thu 4:40-7:25
High School Musical 3: Senior Year (G) Fri 4:20-7:05-9:40 Sat 12:40-4:20-7:05-9:40 Sun 12:40-4:20-7:05 Mon-Thu 4:20-7:05
Madagascar: Escape 2 Africa (G) Fri 4:55-7:10-9:30 Sat 12:35-2:50-4:55-7:10-9:30 Sun 12:35-2:50-4:55-7:10 Mon-Thu 4:55-7:10
Quantum of Solace (14A) No Passes Fri 4:30-7:20-10 No Passes Sat 12:45-4:30-7:20-10 No Passes Sun 12:45-4:30-7:20 No Passes Mon-Thu 4:30-7:20
Role Models (14A) Fri 4:40-7:25-9:55 Sat 12:50-4:40-7:25-9:55 Sun 12:50-4:40-7:25 Mon-Tue 4:40-7:25
Twilight (PG) No Passes Fri 4:15-7-9:45 No Passes Sat 1:30-4:15-7-9:45 No Passes Sun 1:30-4:15-7 No Passes Mon-Thu 4:15-7

SILVERCITY RIVERPORT
14211 Entertainment Way, 604-272-7280

Australia (STC) No Passes Wed-Thu 2:15-6:25-10
Body of Lies (18A) Fri-Sat 12:10-3:10-6:40-10:25 Sun 12:10-6:40-10:25 Mon-Tue 12:10-3:10-6:40-10:25
Bolt (G) No Passes Fri-Thu 11:45-2:10-4:50-7:40-10:20 No Passes Fri-Thu 1:15-4:15-7:10-9:50
Changeling (14A) Fri-Thu 12:05-3:25-6:35-9:55
Dostana (Hindi w/e.s.t.) (PG) Fri-Thu 1:40-5:10-8:45
Four Christmases (PG) No Passes Wed-Thu 12:50-3:55-7:35-10:25
High School Musical 3: Senior Year (G) Fri-Thu 12:20-3:30-6:50-9:40
Madagascar: Escape 2 Africa (G) Fri-Tue 12:30-1:45-3-4:10-5:15-7:50-10:35 Wed-Thu 12:30-3-5:15-7:50-10:35
Madagascar: Escape 2 Africa: The IMAX Experience (G) Fri-Thu 12-2:20-4:40-7-9:20
The Metropolitan Opera: La Damnation de Faust (STC) Sat 10
Passchendaele (14A) Fri-Sat 12:55-4:25-7:35-10:40 Sun 12:55-4:25-10:40 Mon-Tue 12:55-4:25-7:35-10:40
Quantum of Solace (14A) No Passes Fri-Wed 12-1-2-3-4-5-6:45-7:15-7:45-9:45-10:15-10:45 No Passes Thu 12-2-3-4-5-6:45-7:15-7:45-9:45-10:15-10:45 Star & Strollers Screening, No Passes Thu 1
Role Models (14A) Fri-Thu 1:20-4:20-7:25-10:10
Transporter 3 (14A) No Passes Wed 12:25-3:10-7:05-10:05 Thu 12:25-3:10-7:05-10:05
Twilight (PG) No Passes Fri-Wed 12:15-12:45-1:30-3:15-3:45-4:30-6:30-7-7:30-9:30-10-10:30 No Passes Thu 12:15-1:30-3:15-3:45-4:30-6:30-7-7:30-9:30-10-10:30 Star & Strollers Screening, No Passes Thu 1
WWE: Survivor Series 2008 (STC) Sun 5
Yuvvraaj (Hindi w/e.s.t.) (STC) Fri-Thu 12:40-4:40-9:15
Zack and Miri Make a Porno (18A) Fri-Tue 12:35-3:40-6:45-9:35 Wed 12:35-3:45-6:45-9:35 Thu 12:35-3:40-6:45-9:35

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Bolt (G) Fri 5-7:15-9:15 Sat-Sun 1-3-5-7:15-9:15 Mon-Thu 5-7:15-9:15
Quantum of Solace (14A) Fri 7-9:30 Sat-Sun 2:30-5-7-9:30 Mon-Thu 7-9:30

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Australia (STC) No Passes Wed-Thu 1:30-6:30-10
Bolt (G) No Passes Fri-Thu 12-2:30-5-7:30-9:55
Changeling (14A) Fri-Sat 12:05-3:10-6:40-9:50 Sun 12:05-6:45-9:50 Mon-Tue 12:05-3:10-6:40-9:50
Four Christmases (PG) No Passes Wed-Thu 12:05-2:40-5:20-7:50-10:35
High School Musical 3: Senior Year (G) Fri-Sun 12:50-4:15-7:20-10 Mon 12:50-4:15-10 Tue 12:50-4:15-7:20-10
Madagascar: Escape 2 Africa (G) Fri-Thu 12:15-2:45-5:15-7:45-10:10
The Metropolitan Opera: La Damnation de Faust (STC) Sat 10
Quantum of Solace (14A) No Passes Fri-Thu 11:45-12:45-2:30-3:45-5:15-7-8-10-10:45
Role Models (14A) Fri-Thu 1:20-4:10-7:25-10:40
Transporter 3 (14A) No Passes Wed 12:15-3:20-6:35-10:20 Thu 12:15-3:20-6:35-10:20
Twilight (PG) No Passes Fri-Thu 12:30-3:30-6:45-10:15 No Passes Fri-Thu 1-4-7:15-10:30
WWE: Survivor Series 2008 (STC) Sun 5
Zack and Miri Make a Porno (18A) Fri-Sat 12:55-4:05-7:35-10:30 Sun 12:55-4:05-10:30 Mon-Tue 12:55-4:05-7:35-10:30

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22 - 2988 Glen Dr.
2 - 901 Lougheed Hwy.

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Amazon.ca's Top 5 CD's last week

1. And Winter Came, Enya; 2. A Winter Symphony, Sarah Brightman; 3. A Midwinter Night's Dream, Loreena McKennitt; 4. Soul, Seal; 5. Black Ice, AC/DC. METRO NEWS SERVICES

Music

Metro music picks

- **SERENA RYDER** — Is It O.K.: Canadian songstress blossoms, using her powerful pipes and heartfelt lyrics to craft contemporary love songs that sound wise beyond their years.
- **T.I.** — Paper Trail: Dirty South MC elevates beyond basic battling with self-reflective rhymes, rugged beats and A-list guests to create an epic album.
- **LITTLE JACKIE** — The Stoop: Sassy singer/rapper decorates her smooth vocal flow with classic soul signatures and charming lyrics for a sunny urban sound.

Best and worst of Bond

007's theme songs have as storied a history as the movies themselves

JIM REYNO
jim.reyno@metronews.ca

It's not like Jack White and Alicia Keys have been given a licence to thrill.

The unlikely duo collaborated on Another Way to Die, the hodgepodge title song for the new James Bond film, Quantum of Solace. But although having the Bond theme is a high-profile opportunity for any artist, most of the songs don't have anywhere near the shelf life of the franchise.

Got room on your IPod for All Time High by Rita Coolidge? How about Chris Cornell's You Know My Name? And who the hell is Lulu, anyway?

Let's do worst first — literally.

One Bond theme has reached No. 1 in the U.S. — Duran Duran's A View to a Kill, written by frequent Bond-theme composer John Barry. Simon Le Bon gave the track his trademark vocal squeak, and the whole world squeaked along with him.

Surprisingly, many of the themes associated with Bond — always action-packed, rigorous flicks — are ballads. That's not to say they're limp and ineffective — this is James Bond we're talking about, after all.

In fact, some of them are, appropriately, killer ballads. Carly Simon's sultry delivery of Nobody Does It Better from the 1977 Bond film The Spy Who Loved Me helped the Carole Bayer Sager/Marvin Hamlisch song garner an Academy Award nomination for best song. You feel like you've made a conquest just listening to it.

Another Bond theme that's been nominated for a best-song Oscar. Paul McCartney & Wings released Live and Let Die in 1973.

Composed by McCartney and now-deceased wife Linda, the song is all things Bond: Suave and sophisticated. It's a fun ride, just like in the movies.

Alicia Keys and Jack White team up for Quantum of Solace's theme song.

Guns N' Roses awakes to a whole new world

SoundCheck

Alan Cross

alan@ongoinghistory.com

By the time the new Guns N' Roses album, Chinese Democracy hits stores on Sunday, it will have been 17 years, two months and seven days since the last time Gunners' fans had a chance to buy a CD of new material. When Axl finally emerged from Rip Van Winkle studios, he may have found that the world had, er, changed.

Here's what I mean:

- When "Use Your Illusion 1 and 2" were released on September 17, 1991, an unknown band called "Nirvana" was getting ready to issue a record called "Nevermind" the following week. In other words, grunge was born, peaked, died and became nostalgia in the space between Gunners albums.
- Miley Cyrus was still six months away from even being a viable collection of stem cells. Meanwhile, Daddy was still an unknown mullet. "Achy Breaky Heart" wouldn't be released until the following year.
- Michael Jackson was still considered a good investment. Sony had just signed him to a contract worth $1 billion.
- The biggest game system was the Sega Genesis. Sony's first PlayStation was still three years in the future.
- There world's population was 5.7 billion. It's now 6.3 billion.
- A lame-duck president named Bush was on his way to being tossed out of the White House by a young, charismatic Democrat and his very smart wife. Meanwhile, there was a brutal recession as the stock market tanked, partly because the cost of fighting a war in Ir—.

OK, so not everything has changed.

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Aniston still enjoys Friends reruns
Actress Jennifer Aniston admits she watches herself in re-runs of her hit sitcom Friends, insisting she still finds the show that shot her to fame hilarious. **IMDB.COM**

Television

Heroes plot needs saving

IntelleVision

FROM HERO TO ZERO: Nobody will disagree when you say that this season of NBC's Heroes has been lackluster — disappointing even when compared to the last season, as creator Tim Kring seemed to confirm at a recent screenwriting workshop where he admitted that maintaining the plotlines has been "an absolute bear to do."

Kring also made a curious statement, noting that the way people watch TV has changed, noting that airing long storylines is "a very flawed way of telling stories on network television right now because of the advent of the DVR and online streaming," and that watching a show during its scheduled broadcast slot "is related to the saps and the dips–ts who can't figure out how to watch it in a superior way."

"(Kring is responsible for two seasons of muddy.. storytelling."
Maureen Ryan, Chicago Tribune

It only took a day or two for Maureen Ryan of the Chicago Tribune to take Kring to task for insulting his show's fans. "The only sap here is Kring," Ryan wrotes. "Any and all insulting terms should be directed at himself. After all, who is responsible for two seasons of mostly muddy, incoherent storytelling? It wasn't the saps at home on their couches."

Kring admitted that, unlike the producers of Battlestar Galactica, he has no idea where his show is going; right now it looks like he's paddled out of sight of land and needs to blame someone for turning a hit show about superheroes into a nerdy melodrama.

Rick McGinnis writes about music, movies, books and television, but not opera.

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FRIDAY

VA	Vu	SC	C	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00
primetime	251	308	3 CBC	Coronation St.	Jeopardy! (N)	Air Farce	Rick Mercer	Doctor Who "Midnight" (CC)		CBC News: The National (N)		(:05) The Hour
	255	358	6 JOY	E News	The Insider	Deal or No Deal (N) (CC)		Smarter Than a 5th Grader?		20/20 (N) (CC)		News (N)
	250	321	9 CTV	etalk (CC)	Hollywood	Ghost Whisperer (N) (CC)		Supernanny "Lewis Family"		Law & Order (CC)		News (N)
	252	336	11 GTV	Entertainment	ET Canada	NCIS "Cloak" (N) (CC)		Life "Badge Bunny" (N) (CC)		NUMB3RS "Thirty-Six Hours"		News (N)
	256	389	12 VI	Instant Star	TMZ (N) (CC)	Wife Swap (N) (CC)		Don't Forget the Lyrics! (N)		Stargate SG-1 (CC) (DVS)		News (CC)
	253	359	13 CITY	Law & Order: SVU		Murdoch Mysteries (CC)		Crusoe "Hour 7 - Bad Blood"		Lipstick Jungle (N) (CC)		EP Daily
	-	-	14 CW	Deal-No Deal	Deal-No Deal	Hates Chris	The Game (N)	America's Next Top Model		Seinfeld	Seinfeld	Frasier (CC)
	289	381	15 CBS	Entertainment	The Insider	Ghost Whisperer (N) (CC)		The Mentalist (CC)		NUMB3RS "Thirty-Six Hours"		News (N)
	287	379	16 NBC	Evening Mag.	Inside Edition	Deal or No Deal (N) (CC)		Crusoe "Hour 7 - Bad Blood"		Lipstick Jungle (N) (CC)		News (N)
	288	380	21 ABC	Wheel-Fortune	Jeopardy! (N)	Wife Swap (N) (CC)		Supernanny "Lewis Family"		20/20 (N) (CC)		KOMO 4 News
	290	382	23 FOX	Two/Half Men	Two/Half Men	Smarter Than a 5th Grader?		Don't Forget the Lyrics! (N)		News (N)	IQ Weekly	Family Guy
news	502	390	26 NW	CBC News: the fifth estate		CBC News: The National (N)		CBC News: The National		CBC News: the fifth estate		National
	500	500	33 CNN	Anderson Cooper 360 (CC)				Larry King Live		Anderson Cooper 360 (CC)		Cooper 360
sports	407	419	22 RSP	FSN Pro Football Preview		Hockey	Canucks TV	Best Damn Sports Show		Sportsnet Connected (Live)		Sportsnet
	400	400	30 TSN	(6:30) SportsCentre (CC)		Boxing: Caballero vs. Molitor		2007 Poker Million (N)				SportsCentre
family	552	543	25 YTV	iCarly "iGo to Japan" Carly, Sam and Freddie travel to Japan.				Smallville "Blue" (CC)		Dark Oracle	Mystery Hnt.	Mystery Hnt.
	555	545	50 TEL	George	Bugs Bunny & Tweety Show		Wayside	Johnny Test	Futurama	Father	Chicken	Life's a Zoo
variety	268	354	5 KNO	Hockey: A People's History		The Royal "Pastures New" (N)		Dalziel and Pascoe: Ruling		Grey Gardens ★★★ (1975) Premiere. (CC)		
	575	583	20 CMT	Karaoke Star		Live at the Revival		The Bodyguard ★★ (1992, Drama) Kevin Costner, Whitney Houston.				
	615	520	31 A&E	CSI: Miami (CC)		Criminal Minds (CC)		CSI: Miami "Chain Reaction"		CSI: Miami (CC)		CSI: Miami
	521	560	34 TLC	Dress	Dress	What Not to Wear (CC)		Dress	Dress	Real Simple. Real Life		What Not
	616	522	39 SHO	The Best Years		The Guard (CC)		Testees (CC)	Kenny-Spenny	Webdreams	Webdreams	Sin Cities
	294	650	47 TBS	The Wedding Date ★★ (2005) Debra Messing, Amy Adams.				Sex and-City	Sex and-City	(9:55) Phenomenon ★★ (1996) John Travolta.		
	603	561	52 FN	Diner, Drive-In	Diner, Drive-In	Restaurant Makeover (CC)		Challenge Pie contest. (CC)		Chef Abroad	The Wild Chef	Diner, Drive-In
	320	621	60 CEN	Sanctuary "Edward" (N)		Cloverfield ★★★ (2008) Michael Stahl-David.			The Reaping ★ (2007) Hilary Swank. (CC)			Black Dahlia
	581	566	101 MTV	Spoilers Ed.	The Hills	After Show	Girls-Latitude	Exiled Mongolian countryside.		The Hills	The Hills	Made (CC)

11/21/08

SATURDAY

VA	Vu	SC	C	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00
primetime	251	308	3 CBC	NHL Hockey Detroit Red Wings at Calgary Flames. (Live) (CC)					HNIC -- After Hours		News (CC)	HNIC Replay
	255	358	6 JOY	E News	The Soup	X-Weighted "Angela J."		Rent-A-Goalie	Billable Hours	Kenny-Spenny	Cock'd Gunns	E News
	250	321	9 CTV	W-FIVE (N) (CC)		CSI: Crime Scene Invstgtn.		Criminal Minds (CC)		Law & Order: SVU		News (N)
	252	336	11 GTV	Ultimate Engineering (CC)		Tank Overhaul		Painkiller Jane "Higher Court"		Re-Inventors	Re-Inventors	News (N)
	256	389	12 VI	New Canoe	Island Week	The Road to Avonlea		Kool Countdown (CC)		Comedy Now	Comedy Inc.	Bravo! Fact
	253	359	13 CITY	Survivorman (CC)		Less-Kind	Kaya (CC)	Perfect Pie ★★ (2002, Drama) Wendy Crewson. (CC)				Role
	-	-	14 CW	CSI: NY "On the Job" (CC)		Boston Legal (CC)		Boston Legal "On the Ledge"		CSI: NY "The Closer" (CC)		CSI: Miami
	289	381	15 CBS	Entertainment Tonight (N)		CSI: Crime Scene Invstgtn.		Criminal Minds (CC)		48 Hours Mystery (N) (CC)		News (N)
	287	379	16 NBC	Backroads	Inside Edition	Knight Rider (CC)		Law & Order (CC)		Law & Order: SVU		News (N)
	288	380	21 ABC	College Football Texas Tech at Oklahoma.			Cinderella Man ★★★ (2005, Biography) Russell Crowe, Renée Zellweger, Paul Giamatti.					
	290	382	23 FOX	Two/Half Men	Two/Half Men	Cops (N) (PA)	Cops (CC)	America's Most Wanted		News (N)	Scrubs (CC)	MADtv (N)
news	502	390	26 NW	Refuge (N) (CC)		Sat. Report	Weekend	Sat. Report	Mansbridge	Refuge (CC)		Sat. Report
	500	500	33 CNN	D.L. Hughley-News		CNN Presents: Crime		Larry King Live		D.L. Hughley-News		CNN Presents
sports	407	419	22 RSP	English Premier League Soccer Teams TBA. (Same-day Tape)				Ultimate Fighting Champ.		Sportsnet Connected (Live)		Poker
	400	400	30 TSN	Boxing Ricky Hatton vs. Paulie Malignaggi. (Live) (CC)					SportsCentre	Boxing: Caballero vs. Molitor		SportsCentre
family	552	543	25 YTV	Wolverine	Transformers	Naruto (CC)	Blue Dragon	Zatch Bell (N)	Bleach (CC)	Storm Hawks	Dark Oracle	Mystery Hnt.
	555	545	50 TEL	George	Bugs Bunny & Tweety Show		Wayside	Johnny Test	Futurama	Mars Attacks! ★★ (1996) Jack Nicholson.		
variety	268	354	5 KNO	Raising the USS Monitor		Heartbeat "Touch and Go"		Midsomer Murders A body is found in a relish factory. (N)				Montreal Jazz
	575	583	20 CMT	(6:00) Broken Bridges ★		Grand Ole Opry Live		Keith Urban: Invitation Only		Broken Bridges ★ (2006, Drama) Toby Keith.		
	615	520	31 A&E	My Cousin	The Sopranos (CC)		Parking Wars	My Cousin Vinny ★★★ (1992, Comedy) Joe Pesci, Marisa Tomei. (CC)				
	521	560	34 TLC	Trading Spaces (N) (CC)		17 Kids-Count	17 Kids-Count	Property Ladder (CC)		Trading Spaces (CC)		Little People
	616	522	39 SHO	About a Girl	Kink in Hair	It's All Gone Pete Tong ★★ (2004, Comedy) Paul Kaye. (CC)				The Island ★★ (2005) Ewan McGregor. (CC)		
	294	650	47 TBS	(6:45) Diary of a Mad Black Woman ★★ (2005) (CC)				(:15) My Best Friend's Wedding ★★★ (1997) Julia Roberts.				Planes, Trains
	603	561	52 FN	Kitchen Nightmares (CC)		The F Word		Challenge "Tag Team Cakes"		Top Chef "Show Your Craft"		Nightmares
	320	621	60 CEN	(6:00) August Rush ★★ (CC)		Charlie Wilson's War ★★★ (2007) Premiere.			(:45) Black Snake Moan ★★ (2007) Samuel L. Jackson. (CC)			
	581	566	101 MTV	Cribs (CC)	Cribs (CC)	Cribs (CC)	Cribs (CC)	Cribs (CC)	Cribs (CC)	Girls-Latitude	MTV News	After

11/22/08

SUNDAY

VA	Vu	SC	C	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00
primetime	251	308	3 CBC	Heartland "Ghost Horse"		Appointment With Death ★★ (1988) Peter Ustinov. (CC)				CBC News: Sunday Night (N)		News (CC)
	255	358	6 JOY	Mysteries	Mysteries	24: Redemption (2008) Kiefer Sutherland. Premiere. (CC)				Real Housewives of OC		News (CC)
	250	321	9 CTV	Star Wars Clo.	Degrassi	The Amazing Race 13 (N)		Colbert Christmas: Gift		Without a Trace (N) (CC)		News (N)
	252	336	11 GTV	renegade	King of Hill	24: Redemption (2008) Kiefer Sutherland. Premiere. (CC)				The Simpsons	Family Guy	News (N)
	256	389	12 VI	Music Awards Red Carpet		2008 American Music Awards (Same-day Tape) (CC)						New Canoe
	253	359	13 CITY	Friends (CC)	Friends (CC)	Valentine "Valentine" (CC)		Easy Money (CC)		Crusoe "Hour 7 - Bad Blood"		Role
	-	-	14 CW	In Harm's Way (CC)		Valentine "Valentine" (CC)		Easy Money (CC)		Seinfeld	Seinfeld	Cold Case
	289	381	15 CBS	60 Minutes (N) (CC)		The Amazing Race 13 (N)		Cold Case "Pin Up Girl" (N)		The Unit "Shadow Riders" (N)		News (N)
	287	379	16 NBC	NFL Football: Colts at Chargers			M. Holmgren	Dateline NBC (CC)		Law & Order: Criminal Intent		News (N)
	288	380	21 ABC	Music Awards Red Carpet		2008 American Music Awards (Same-day Tape) (CC)						KOMO 4 News
	290	382	23 FOX	American Dad	American Dad	24: Redemption (2008) Kiefer Sutherland. Premiere. (CC)				News (N)	Q It Up Sports	House (CC)
news	502	390	26 NW	A/K/A Tommy Chong ★★ (2005) (CC)			Our World	CBC News: Sunday Night		A/K/A Tommy Chong ★★ (2005) (CC)		
	500	500	33 CNN	D.L. Hughley-News		CNN Presents: Crime		Larry King Live		D.L. Hughley-News		CNN Presents
sports	407	419	22 RSP	World Combat	World Combat League (CC)		UFC: Access	The Ultimate Fighter		Sportsnet Connected (Live)		Sportsnet
	400	400	30 TSN	NFL Football: Colts at Chargers			SportsCentre (Live) (CC)		Review	Review	UEFA Weekly	SportsCentre
family	552	543	25 YTV	Zathura: A Space Adventure		SpongeBob	Prank Patrol	The Next Star (CC)		Falcon Beach (CC)		Mystery Hnt.
	555	545	50 TEL	George	Bugs Bunny & Tweety Show		Wayside	Johnny Test	Futurama	Spaceballs ★★ (1987) Mel Brooks. (CC)		
variety	268	354	5 KNO	Surveillance (CC)		Doc Martin (N) (CC)		New Tricks "Mad Dogs" (N)		Dalziel and Pascoe: Ruling		Montreal Jazz
	575	583	20 CMT	Home Imp.	Home Imp.	CMT's Greatest		The Babe ★★ (1992) John Goodman, Kelly McGillis.				Dukes
	615	520	31 A&E	CSI: Miami "Throwing Heat"		CSI: Miami "Pirated" (CC)		CSI: Miami "Backstabbers"		CSI: Miami "Internal Affairs"		CSI: Miami
	521	560	34 TLC	Forbidden Love: Geisha (N)		Girl Who Never Grew (CC)		World's Smallest People		Forbidden Love: Geisha		Joined for Life
	616	522	39 SHO	The Guard (CC)		To Be Fat Like Me (2007) Kaley Cuoco, Caroline Rhea. (CC)				Weeds (CC)	Rescue Me	Kenny-Spenny
	294	650	47 TBS	(6:50) Monster-in-Law ★★ (2005) Jennifer Lopez. (CC)				(8:50) The Perfect Man ★★ (2005) Hilary Duff. (CC)				Prince & Me
	603	561	52 FN	Jamie's Kitchen Australia		Chef School	At the Table	Challenge (CC)		Iron Chef America (CC)		Jamie
	320	621	60 CEN	Life & Times	Entourage (N)	True Blood (N) (CC)		Dexter "About Last Night" (N)		Ocean's Thirteen ★★★ (2007) Brad Pitt		
	581	566	101 MTV	Cribs (CC)	Cribs (CC)	After	MTV News	MTV Shuffle (CC)		Girls-Latitude	Cribs (CC)	MTV Shuffle

11/23/08

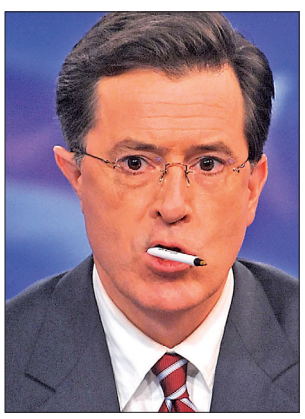
Crawford's confession gets him gift

Gossip Girl star Chace Crawford recently admitted he'd steal chewing gum from stars when he worked as a valet in Malibu, Calif. His confession impressed Wrigley bosses, who sent him a huge pack of gum. **IMDB.COM**

Television

Colbert's smug holiday special

More comedy in documentary about the incarceration of Chong



Stephen Colbert

A Colbert **Christmas**

Air date: Sunday
Network: CTV and Comedy Network

BECAUSE YOU CAN'T have enough smug over the holidays, Stephen Colbert brings his college-fried impersonation of Bill O'Reilly to primetime with a variety special featuring guests Feist, Toby Keith, John Legend, Willie Nelson and Jon Stewart. Enjoy it while you can — the onset of the Obama White House means that Colbert and Stewart will be doing variations on Who's On First by this time next year.

Rick's TV**Picks**

2008 American **Music Awards**

Air date: Sunday
Network: ABC and A Channel

THE MUSIC AWARDS show that isn't the Grammys sees Jimmy Kimmel return for the fifth shot as host, which says all you need to know. Beyoncé, Coldplay, Kanye West and the Jonas Brothers are among the performers, but if you keep your eyes sharp, you can get a few glimpses of music industry executives vainly trying to hide their fear and despair as their industry tanks.

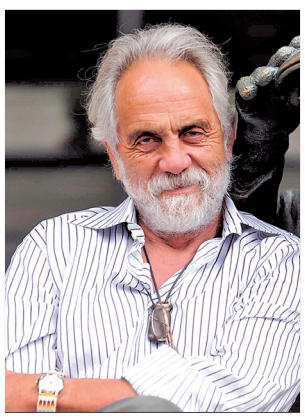
Jimmy Kimmel

The U.S. Government **Vs. Tommy Chong**

Air date: Sunday
Network: CBC Newsworld

YOU'RE NOT PARANOID, man – they really are after you! That's the message of this documentary about the US$12 million sting operation that got the famous "Dave's not here, man" comic put in stir for nine months. But please don't tell me that you're going to watch it stoned; no one needs to hear that.

RICK MCGINNIS/METRO CANADA



Tommy Chong

PLEASE CHECK LOCAL LISTINGS FOR SHOWS' AIR TIMES.

Countersuit filed over Project Runway rights

LEGAL The Lifetime cable TV network has countersued NBC Universal, Bravo and The Weinstein Company over the rights to the TV program Project Runway in the latest legal action that has left the hit show in limbo.

The suit, filed in federal court in Manhattan late Tuesday, seeks exclusive rights over the fashion design contest starring model Heidi Klum that had been scheduled to jump to the Lifetime Network from its cable TV rival Bravo.

It follows similar legal action filed in New York State Supreme Court by NBC Universal, the media wing of General Electric Co and the owner of Bravo, against the producer of the series, The Weinstein Co. NBC sought to keep the show on one of its channels.

Host Heidi Klum

In September a state court ruling temporarily halted plans by The Weinstein Co to take its fashion program to Lifetime and prevented Lifetime from marketing or broadcasting the series until the case was decided. Lifetime now seeks to have the case permanently moved to federal court. **REUTERS**

Entertainment in brief

NEW SERIES Discovery Channel has greenlighted a 13-episode series that will spotlight demolition blasts around the world and explain the science behind the explosions. The Detonators will follow two explosives experts, Dr. Braden Lusk and Dr. Paul Worsey, as they meet the blasters behind such structures as urban skyscrapers and give viewers a behind-the-scenes look at the demolitions. **REUTERS**

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Mel's marriage solid
Those tabloid items you may have seen lately about actor Mel Gibson's marriage being on the rocks? "One hundred per cent untrue," a rep is saying. **POPEATER.COM**

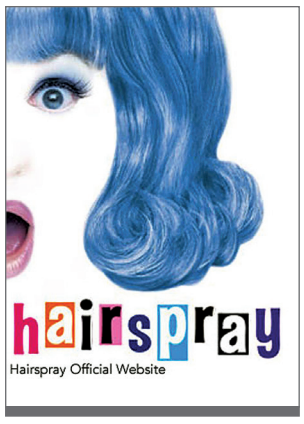
Mix of Six

HOT & HAPPENING WEEKEND EVENTS AROUND THE CITY

Lady Gaga

Friday, 9 p.m.
Richard's on Richards

The 20-year-old's debut single "Just Dance" is dance-pop-electronica at its catchiest.



Hairspray

Friday – Sunday, showtimes vary

The Tony award-winning musical has come to Vancouver, bringing with it the loveable Tracy Turnblad, a wannabe singing sensation.

The December Man

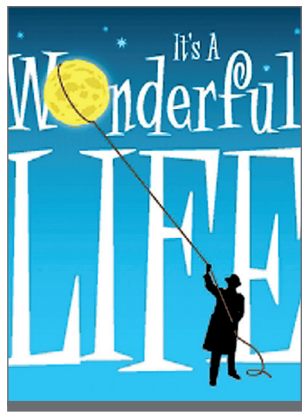
Friday, 8 p.m.
Performance Works, Granville Island

The play is based on the École Polytechnique killings in 1989 and the lives of the parents of one of the men whose life was spared.

John Beuhler

Friday, 10:30 p.m.
Yuk Yuks, Century Plaza Hotel

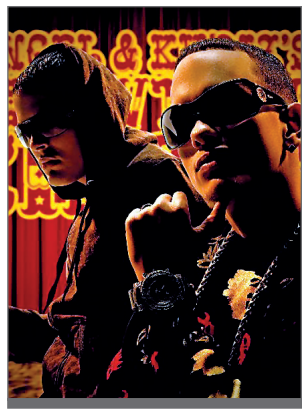
Beuhler was apparently born in 1978 to a goat farmer and later sold to a comedy club for the enjoyment of audiences province-wide.



It's a Wonderful Life

Friday, 10:30 p.m.
Yuk Yuks, Century Plaza Hotel

It's not too early to see this Christmas classic. Even better, it's live.



Reggaeton Superstars

Friday, 8 p.m.
The Croatian Cultural Centre

Reggaeton superstars Angel y Khriz perform their upbeat beat rhythms integrating afro-latin Caribbean elements with dancehall and hip-hop.

Readers overwhelm new European digital library

BOOKS Europe's heritage went digital yesterday when the European Union launched an online library putting famous works such as Dante's Divine Comedy and Beethoven's Ninth Symphony just a mouse click away.

Europeana (*www.europeana.eu*) gives multilingual access to two million digitized books and other items of cultural and historical significance held in more than 1,000 institutions in the 27 EU states.

"Europeana offers a journey through time, across borders, and into new ideas of what our culture is. More than that, it will connect people to their history and, through interactive pages and tools, to each other," EU Information Society Commissioner Viviane Reding said in a statement.

Soon after its launch the website froze, its servers overwhelmed by volume of 10 million hits an hour.

Europeana's director, Jill Cousins, says the new portal is not just Europe's answer to portals such as Google Book Search, but goes a step further, noting that the European institutions have been around for hundreds of years. **REUTERS**

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New romance for Macpherson

Supermodel Elle Macpherson has found love again in the arms of top U.S. TV legal analyst Dan Abrams, according to new reports. Macpherson reportedly met Abrams at a New York film screening this past summer and now they're an item. **IMDB.COM**

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Going Out

Metro's 7th Heaven: Metro taps what's hot right now

1 Mormon musical

Watch out Broadway, the creators of South Park are currently putting together Mormon Musical. The musical is scheduled to take stage in the Manhattan Theatre District in 2009 and will satirize the Mormon religion.

2 Springsteen's dream

A release date has been finalized for Bruce Springsteen and the E Street Band's new album, Working on a Dream. Fans can expect the record to appear on store shelves on Jan. 27, 2009.

3 WALL-E on DVD

On Tuesday, Walt Disney Home Studios Entertainment released a special three-disc edition of the movie WALL-E on DVD. Additional features include a downloadable copy of the film, behind-the-scenes featurettes, and a short documentary about how sound was produced for the film.

4 Rocco to makeover school food

Canadian chef David Rocco is looking to revolutionize the way Canadian children view food. Rocco, who hopes to make cooking part of a student's curriculum, has started by scoping out certain Ontario schools for the project.

5 Chili challenge

Zantac has created a national chili recipe challenge where Canadians can submit their recipes online, at www.chilichallenge.ca, to be judged. Finalists will compete against Food Network Canada TV host Anthony Sedlak, in a chili cook-off.

6 Holiday movies

Moviegoers are abuzz this week, after the 2008 holiday movie previews were published. Films expected to cause a box-office frenzy this holiday season include Twilight, Milk and Revolutionary Road.

7 Justin sings for charity

Pop superstar Justin Timberlake just released a new single, Follow My Lead. The track also features the vocals of singer Esmée Denters. All proceeds from download sales will go to the Shriners Hospitals For Children.

Book your Party today!

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Zut Alors!
It's time to raise glasses, funds and spirits at Marquis Wine Cellars' 4th Annual French Fête celebration on Nov. 26 at the Vancouver Museum, in support of Fraser Academy. Enjoy great pours and food from Provence Restaurant, Jules, Bistrot Bistro and more. Tickets $75. Call 604-684-0445. METRO NEWS SERVICES

Urban Foodie

●●●●● INSPIRED; ●●●● VERY GOOD; ●●● PALATABLE; ●● HO-HUM; ● NEVER AGAIN

New chef, new menu truly shines at Nu

ANYA LEVYKH
anya.levykh@metronews.ca

Nu Restaurant & Lounge
1661 Granville St
Vancouver
604.646.4668
whatisnu.com
Signature Drink:
Sophie's Choice
Signature Dish:
Chevre-Stuffed Chicken Wings
Rating: ●●●●
Dinner & drinks for 2:
$100

It's been a quiet week for openings, so I thought I'd revisit some long-forgotten haunts. I remember the initial hooplah over Nu's sit-straight-or-else-fall-over chairs, and my own personal dismay at being charged five dollars for a slice of cheese barely big enough to fit onto a Ritz cracker.

Despite these annoyances, I had to admire the menu, the beautiful room and the great view.

It seemed a good time to visit. It's been a few years, there's a new chef and the menu has morphed to reflect more of the popular 100-mile philosophy. A couple drop-ins revealed some interesting changes.

All the dinner mains are now a reasonable $24.90. Order fennel-crusted albacore or Cornish game hen with smoked gouda polenta, very yummy. A lobster club ($21) for lunch was nice, with smoked bacon, avocado and white cheddar, although rather light on the star ingredient. There's also a three-course lunch for $19.90 (heady news for stockbrokers feeling the pinch).

The real highlights, however, are still the old standbys. We loved the poutine ($7.80) with cheese curds and crackling. Also, the chevre-stuffed chicken wings ($11.60), with gritty-sweet chile gastrique and the shellfish bisque ($11.90) with side-stripe shrimp and lobster salt. And, the cheese is now adult-sized.

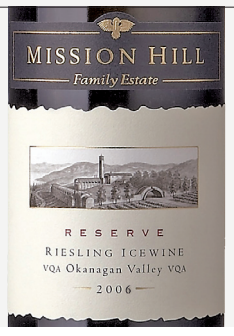
On the web

- Read the full article online at *metronews.ca/vancouver/comment*.
- Chew more on Anya's blog at *metronews.typepad.com/urbanfoodie*.

ANYA LEVYKH/FOR METRO VANCOUVER
Chevre-stuffed chicken wings in chile gastrique.

The World's Best Stocking Stuffer

At the recent International Wine Challenge in the U.K. (Europe's major wine competition), Mission Hill, already named Canada's Winery of the Year by Wine Access magazine, took away the trophy for Best Ice Wine in the World for its 2007 Reserve Riesling Ice Wine. A nose of honey and citrus, and a nicely balanced acidity make it the perfect post-turkey sipper. $59.99 direct from the winery or at private wine stores. missionhillwinery.com



Dining out

EARLY BIRDS
Gastropod (1938 West 4 Ave.) is now offering an early bird prix fixe dinner for $35. Offerings include onion tart and venison ragu. Starting Dec. 1, the restaurant will also be open Monday to Friday for lunch through the holiday season, from noon to 2:30 p.m. Call 604-730-5579 for more info.

VIP PACKAGES
From now until December 30, Beyond Restaurant at the Century Plaza Hotel (1015 Burrard St.) is offering VIP entertainment packages that include a three-course dinner, tickets to a Yuk Yuk's comedy show and complimentary valet parking. Prices range from $37.50 to $50. Call 604-696-9857.

In brief

THE RITZ-CARLTON Hotel (and its highly anticipated restaurant) has been put on indefinite hold due to the last-minute cold feet of the developer, The Holborn Group.
URBAN FARE'S third and newest location has now opened at the Shangri-La Hotel (1133 Alberni St). New features include a cheese cave, a mushroom "tree" and Christmas décor by Thomas Haas.

RED² Tapas Lounge features Eastern-European influenced share plates with a focus on quality, regional ingredients, excellent, friendly service, and a sleek room with an industrial funky feel. RED² Tapas Lounge also boasts Vancouver's largest selection of Vodkas. Reasonably priced between $6-18 a plate.

Soup/Salad
Golden Beet Borscht
Baby Beets with blue Cheese & Candied Walnuts

Pierogi
Potato; Smoked Salmon Roe, Local Yogurt
Duck Confit & Onion; Red Cabbage Sauerkraut, Apples

Meat and Fish
Crispy Artic Char, Crushed Cauliflower, Radish, Brown Butter
Stroganov; Boneless Beef Short Rib, Chanterelles, Hand-cut Pasta

Dessert
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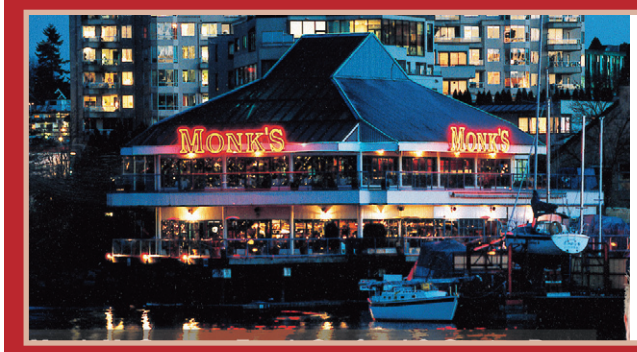

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Eva goes veggie
Desperate Housewives star Eva Longoria Parker has reportedly given up meat in a bid to lose weight and get healthy.
IMDB.COM

Celebrity Buzz

No role models in L.A.: Wahlberg

PARENTING Mark Wahlberg doesn't want his daughter to look up to singer Britney Spears and hotel heiress Paris Hilton, femalefirst.co.uk reports.

The actor, who has a five-year-old daughter Ella Rae, two-year-old son Michael and nine-week-old Brendan Joseph with fiancée Rhea Durham, wants to move away from Hollywood because there are no positive role models for his children.

"We won't stay in Hollywood forever because it's very difficult to raise normal kids in an environment like that ... There are no real role models for girls. You've got Britney Spears, you've got Paris Hilton — they're nice enough people but I don't want my daughter to aspire to be like that."

METRO NEWS SERVICES

Madonna and Ritchie to be divorced today

IN COURT Pop star Madonna and her film director husband Guy Ritchie are to be divorced at the High Court in London today, according to court lists.

A notice of the couple's decree nisi will be posted at the Registry of the Family Division, BBC News Online reports.

According to newspaper reports, the couple have reached a settlement over finances and sharing custody of their three children.

The pair were married at Skibo Castle in Scotland in December 2000.

They announced their separation in October.

The couple are registered for the divorce hearing under the names Ciccione M and Ritchie GS. It will be heard before the High Court's Family Division. Neither party are required to attend the hearing, which is likely to last a matter of minutes.

According to The Times newspaper, the 50-year-old singer will retain the bulk of her wealth.

The couple's two sons, eight-year-old Rocco and David, 2, may share their time between their U.K. and U.S. homes, reports suggest.

The paper added that Lourdes, Madonna's 12-year-old daughter from a previous relationship, will continue to live with her mother.

METRO NEWS SERVICES

Paltrow is sorry for wearing fur

APOLOGY Gwyneth Paltrow is trying to get back in animal rights activists' good books, by apologizing to the People for the Ethical Treatment of Animals for endorsing a collection of luxury fur goods, imdb.com reports.

The actress came under fire from PETA and animal rights campaigners after she appeared in designer Tod's advertising campaign draped in fox fur and wearing fur-lined boots.

A spokesperson said at the time that they had written to the star many times about the treatment of animals used for fur, but their contact had been rebuffed.

But Paltrow made amends by telling PETA vice-president Dan Mathews she didn't realize the fur was real.

Mathews recounted the apology to Usweekly.com, saying "(Paltrow said) … it was a daylong photo shoot on a boat near Capri, and there were all sorts of poses with all kinds of clothes — none with fur. During one setup, a stylist came up from behind and draped a stole around my shoulder. I didn't pay much attention to it, and when I noticed it was fur, I assumed it was fake fur, but did not ask, so it's my fault. I know it's not a great excuse, but I hope you and your members understand."

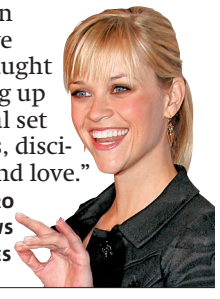
METRO NEWS SERVICES

Phillippe's a great dad: Witherspoon

FAMILY Reese Witherspoon has heaped praise on her ex-husband Ryan Phillippe because he's a great dad, imdb.com reports.

The actress split from Phillippe in 2007 but says the former couple remains civil for the sake of their children Ava and Deacon.

"My ex-husband is very involved in raising our beautiful children. We're very lucky because we both grew up in working families in middle America. We're on the same page that way," Witherspoon tells Parade magazine. "When we're with our children, we're very good about checking ourselves. I'm teaching the children what we were taught growing up — a real set of rules, discipline and love."



METRO NEWS SERVICES

Osbourne's beau went traditional

MARRIAGE The news that reality TV star Kelly Osbourne is getting married to boyfriend Luke Worrall might have emerged in less than traditional style — a Facebook update changing the pair's relationship update to "engaged" — but apparently the model went all old school for the proposal itself, orange.co.uk reports.

"Luke got down on one knee to propose to Kelly," said a source.

"I did everything properly," said Worrall, 18. "Before I asked Kelly to marry me I asked her dad, which was quite scary."

METRO NEWS SERVICES

Stalking suspect has disorder: Aunt

PEOPLE Jennifer Garner's alleged stalker Steven Burky — who is reportedly in a psychiatric facility — has a mental disorder which doctors have tried to regulate with prescribed medication, according to his aunt, who said he is "not dangerous."

The actress was granted a temporary restraining order against the 36-year-old on Nov. 7, alleging in a court document that he "has been stalking and harassing me," sending "packages and letters containing delusional and paranoid thoughts and following me around the country..."

METRO NEWS SERVICES

Paris and Benji split

BREAKUP Paris Hilton and Benji Madden's romance is over, People.com reports.

The pair split a few days ago after more than nine months of dating, a source close to the hotel heiress tells People.

"She is saddened by the breakup but they're just too different and they wanted different things in life," the source says. "He was loyal and sweet but it was time to take a break."

Reps for both Hilton and Madden could not be reached for comment.

On Nov. 15, Paris was photographed getting cosy with ex-boyfriend Stavros Niarchos at nightspot Mokai in Miami. The Hilton friend says the two were simply engaged in a close but friendly conversation.

"In no way are they romantic, nor do they want to get back together," the source says.

Both Hilton, 27, and Madden, 29, have recently denied reports that they were unfaithful to each other during their relationship.

METRO NEWS SERVICES

Hathaway headed for heartbreak?

RELATIONSHIPS Anne Hathaway has friends worried she's headed for heartbreak, five months after splitting from her jailed ex-boyfriend, Raffaello Follieri, femalefirst.co.uk reports.

The actress revealed she had found love again last month with actor Adam Shulman.

But a source for the New York Post alleges Shulman could be the wrong man for the actress, adding: "When he was at Brown (University), he went after all the heiresses. It's like Anne is addicted to losers."

METRO NEWS SERVICES

The Jolie-Pitts plan holiday globetrot

TRAVEL Actors Brad Pitt and Angelina Jolie are updating their passports for another Christmas abroad with their six kids, imdb.com reports.

The couple plans to spend the holidays in either Africa or Asia after enjoying Christmas in their adopted New Orleans, La., last year.

"We wanna go to one of the kids' places of origin and spend time there," Pitt says.

The couple's three adopted children come from Cambodia, Vietnam and Ethiopia.

METRO NEWS SERVICES

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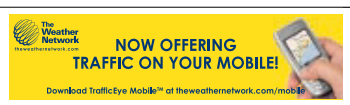
Today Rain 9°/ 8° 90%

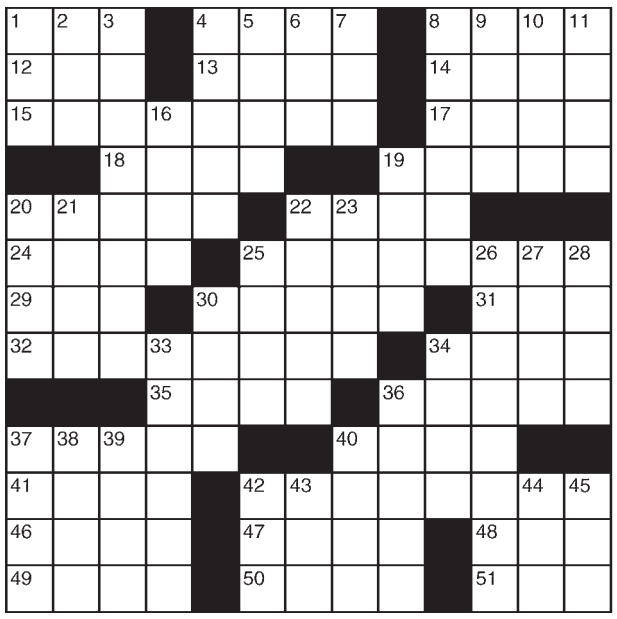
Saturday Partly cloudy 10° / 4°

Sunday Rain 9°/ 6° 70%



For more delicious Metro recipes, visit: **metronews.ca/food**

Take Five



Crossword across

1 Tavern
4 Anything but that
8 Lens holders
12 "— Got a Secret"
13 Jam ingredient?
14 Impression
15 Cotton or tobacco, e.g.
17 Lancaster foe
18 Do surveillance on
19 Trumpet part
20 Point of view
22 Approached home plate, maybe
24 Millinery
25 No. 1 recording
29 St.
30 Gap
31 Sapporo sash
32 Service stripe
34 Wield scissors
35 Family member
36 Surmise
37 Incorrect
40 Blue, in a sense
41 "Listen!"
42 Refuse receptacle
46 Never again?
47 Stir-fry cookware
48 Time of anticipation
49 Luminary
50 Do as you're told
51 Storm center

Crossword down

1 Pen name?
2 Actress Gardner
3 Paraphrases
4 Implied
5 Throw hard
6 Judge Lance
7 Bribe
8 Capital of Saudi Arabia
9 "American —"
10 Talk-show host Griffin
11 Benefit
16 — Christian Andersen
19 Work-bench attachment
20 Persian sovereign
21 Stromboli outflow
22 Agent 86
23 Deficiency
25 Bridge
26 Apiary critter
27 Sacred wading bird
28 Gratuities
30 Too confident
33 Yearn
34 Stuff like that
36 Overly talkative
37 "— on first?"
38 Carry on
39 Killer whale
40 Croupier's tool
42 Seesaw quorum
43 Plagiarize
44 Wall climber
45 Wedding announcement word

Sudoku

HOW TO PLAY: Digits 1 through 9 will appear once in each zone – one zone is an outlined 3x3 grid within the larger puzzle grid. There are nine zones in the puzzle. Do not enter a digit into a box if it already appears elsewhere in the same zone, row across or column down the entire puzzle.

	8		3			2	1	
9				1		3		7
3				2				
	9	8			6		4	
				4				
	5		1			6	2	
				6				1
8		3		7				4
	7	6			4		5	

PREVIOUS DAY'S CROSSWORD AND SUDOKU ANSWERS:

C	R	I	B	■	■	E	M	U	■	■	S	P	A	M
A	I	D	E	■	■	R	A	N	■	■	C	A	V	E
N	O	E	L	■	■	A	R	C	■	■	A	G	E	D
S	T	A	L	L	S	■	■	T	A	M	E	■	■	■
■	■	■	■	J	O	E	S	I	X	P	A	C	K	■
R	E	L	A	X	■	P	O	E	■	■	N	U	N	■
O	M	A	R	■	■	D	E	N	■	■	O	T	T	O
A	M	Y	■	P	E	A	■	■	O	N	S	E	T	■
M	A	I	N	S	T	R	E	E	T	■	■	■	■	■
■	■	■	N	O	I	R	■	■	B	R	A	Z	E	N
L	E	G	O	■	■	O	P	S	■	■	R	U	L	E
O	P	U	S	■	■	I	R	E	■	■	I	L	K	S
W	I	P	E	■	■	T	O	N	■	■	O	U	S	T

3	4	2	9	7	6	8	5	1
7	8	9	5	1	3	6	2	4
1	6	5	8	2	4	3	9	7
4	1	8	2	3	5	9	7	6
2	9	6	1	8	7	4	3	5
5	7	3	4	6	9	1	8	2
6	5	7	3	9	1	2	4	8
8	3	4	6	5	2	7	1	9
9	2	1	7	4	8	5	6	3

Find today's answers + play more games at metronews.ca

SUDOKU SOLVE TIME:
Under 13 min .....Genius
13-17 min.....Scholar
17-21 min .....Smart
21-25 min .....Not bad
25+ min.....Keep practising

Metro Recipe of the Day

Tomatoes with Spinach Stuffing

INGREDIENTS:
1 1/2 tbsp (20 mL) olive oil
8 oz (250g) fresh spinach
4 large tomatoes, about 8 oz (225g) each
1 cup (250 mL) pine nuts
1 clove garlic
4 oz (125g) Italian-style premium cheese, such as Parmigiano-Reggiano
Salt and black pepper

METHOD:
1. Preheat oven to 425°F (220°C). Lightly oil a baking sheet. Remove stems from spinach.

2. Heat remaining oil in a saucepan, add spinach, cover, and cook for 2 minutes. Uncover, stir, and leave to cook for 1 minute. Drain off liquid, transfer spinach to a bowl, and set aside.

3. Rinse and dry tomatoes; slice off and reserve tops. Discard pith, seeds and juice from the centre of each.

4. Lightly toast pine nuts, then add to spinach. Peel and crush garlic and add to mixture, then grate over cheese, season to taste with salt and black pepper, and mix.

5. Press spinach mixture into tomatoes, piling it up, then replace tops, balancing them on the stuffing. Bake on the top shelf of the oven for 12–15 minutes. Serve hot.

PER SERVING
790 calories, 68 g total fat, 16 g saturated fat, 9 g carbohydrate, 5 g fibre, 36 g protein

SERVES 2

rd.ca
For nutritional information on this and other great recipes, go to **rd.ca** or check out **Key Ingredients in this month's Reader's Digest, on newsstands now!**

Horoscopes

AVATAR VENUS

ARIES
MARCH 21-APRIL 20
Confusion reigns in a family situation. A deep conversation will get at the truth. Someone's suggestion must be tried out.

TAURUS
APRIL 21-MAY 21
A sweetheart tries to cheat and fails. Expectations about love are challenged by reality. Refuse to deceive someone about a trifling matter.

GEMINI
MAY 22-JUNE 21
Don't waste time looking in the wrong direction. A stubborn man learns a lesson the hard way. Someone's grumpiness will lift your mood.

CANCER
JUNE 22-JULY 22
An opponent is almost finished complaining. Friends will disagree about forgetfulness. Reveal the facts to an evaluator.

LEO
JULY 23-AUG 23
A woman gets ditched by a phony. Someone changes plans for no reason. A man's warning comes true in an amusing way.

VIRGO
AUG 24-SEPT 22
Economic matters can cause turmoil. Someone being sneaky will be caught. You won't be able to help a leader.

LIBRA
SEPT 23-OCT 23
A dreamer seeks your friendship. Nothing is as bad as it seems. A madcap invention is taken seriously.

SCORPIO
OCT 24-NOV 22
A poverty-stricken person gets drawn into a dispute. Timely action outwits a defensive man. Listen closely to an important message.

SAGITTARIUS
NOV 23-DEC 21
Refuse to take control in a complicated situation. A hot-blooded man is discussed by those who care. Someone's love affair gets serious.

CAPRICORN
DEC 22-JAN 20
A fatalist's eagerness is of great concern. There's nothing to be done right now. A trusted friend makes you wonder.

AQUARIUS
JAN 21-FEB 18
You'll risk being offensive with your frankness. Don't forget to check your messages. Prepare to make a quick getaway.

PISCES
FEB 19-MARCH 20
Your luck will improve in matters of love. Teach an elder about reality. A shake-up creates a mystery.

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Text Messaging	–	Unlimited[6]
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- Metropolis at Metrotown
- Metropolis at Metrotown - kiosk

CHILLIWACK
- Cottonwood Mall

COQUITLAM
- Coquitlam Centre

CRANBROOK
- First Pro Cranbrook

DELTA
- Scottsdale Centre

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- 600 113th Ave.

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- Willowbrook Mall

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- Haney Place Mall

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- Queensborough Landing

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- Lynn Valley
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